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First Word
The monthly newspaper of First Lutheran Church

Gift to Habitat for Humanity result of “God’s Gifts. Our Responsibility.” campaign

Gifts from the recent “God’s Gifts. Our Responsibility.” campaign continue to make a difference in Sioux Falls and around the world.

A check for \$10,400 was recently presented to Habitat for Humanity of Greater Sioux Falls to help construct a twin home for the Meseret Reta family.

The home is being built through a partnership between the family, Thrivent Financial for Lutherans, Habitat for Humanity International and local Lutheran churches.

Meseret Reta is the head of a household which spans three generations. Meseret is originally from Ethiopia and recently attained United States citizenship. She works at Starmark Cabinetry. She lives with her mother, Mekurya Menbere, and her two children, Eskedera (10) and Nathanael (8).

“This gift truly lives out our motto of being a Welcoming Home in the Heart of Sioux Falls,” says Pastor Natanael Lizarazo. “It is an amazing blessing to this family.”

The partner family purchases the home making affordable (no interest) monthly payments. The family also is required to complete 400 hours of sweat equity before becoming a Habitat homeowner.

“It is with great joy that the Outreach Board continues to fund those ministries authorized by the congregation through the capital campaign.” says Bill Bradfeldt, chair of the Board for Outreach Ministries. “The hearts of the people of our congregation should feel warm with happiness as we follow Christ’s command to take care of one another.”

In addition to the Habitat for Humanity gift, money from the “God’s Gifts. Our Responsibility.” campaign has been given to The Community Outreach of Sioux Falls and the St. Dymas congregation at the South Dakota State Penitentiary. Money has also been given through the



Above, left to right: Pastor Natanael Lizarazo, Habitat Executive Director Sue Olsen, Habitat Development Director Joel Hathaway and Outreach Board Chair Bill Bradfeldt pose for a picture after the check was presented. **Right:** A photo of the family who will live in the twin home. Top row, left to right: Mekurya Menbere and Meseret Reta pictured with Eskedera (left) and Nathanael.



South Dakota Synod to address a pressing health need in Cameroon and to develop, train and support sustainable farming practices through the companion church of Nicaragua.

Alan Saatkamp joins staff of First Lutheran

Alan Saatkamp recently started work as an associate in ministry on a part-time basis. His duties will include teaching confirmation, visiting those who are hospitalized, and helping with the Adult Forums among other responsibilities.

A congregational vote on Sunday, May 15, extended the call to Alan, and he was commissioned on Sunday, May 29.

Alan worked in Veterans Affairs for 33 years. He studied at Sioux Falls Seminary as part of the Luther House of Study and completed a unit of clinical pastoral education at the VA Health Care System and Sanford Health.

Alan is married to Jan, and they have two adult children, Megan and Matt.

He enjoys substitute teaching and umpiring youth softball. His hobbies include model trains, biking, walking and traveling with family.



Alan Saatkamp

Organ restoration underway

For three weeks in May, employees of Schoenstein and Co. dismantled and cleaned the organ in preparation for its restoration and completion.

The console has been shipped back to their shop in California. All of the bottom boards will get new leathers. Also, the antiphonal division pipework has been installed in the sanctuary.

In building the chests for the organ, employees of Schoenstein use electronic calipers. With so many parts, if the construction is off by a hair, it makes a difference. They say it is important to pay attention to detail.

In October, the console will be returned and employees of Schoenstein will be back to complete the restoration process. See more pictures on page 6.



A worker removes the bottom boards connected to each pipe



Left: Organization in the midst of dismantling the organ was key to knowing where each piece belongs. **Above:** The balcony during construction.

Pray for these people going to camp or on a mission trip

Nicaragua Mission Trip (May 27–June 3):

Shaylee Heinert, Lindsey Herbert, Luke Niedringhaus and Sarah Wadsworth

Seventh grade to Outlaw Ranch (June 12–17):

Dominick DerHagopian, Tony Elbers, Brooke Hankel, Morgan Johnson, Andrew Moore, Gillian Roisum, Aliyah Southard, Alexis Sowell, Samantha Stark and Alex Woods

Eighth Grade to Camp Metigoshe (June 19–24):

Mya Baca, Matt Couillard and Tyler Kjellsen

Ninth Grade to Metigoshe (June 19–24):

Kevin Nelson and Taylor Thibodeau

Thank you for your overwhelming support of Pick More Daisies! Items collected will make a difference in the lives of people all around the world!



MISSION STATEMENT

First Lutheran Church welcomes all people into the community of Jesus Christ, equipping and sending them forth to serve and witness in Jesus' name.

GUIDING PRINCIPLES

We are grounded in the great commandment of Jesus.
(Matthew 22:34-40)

We are grounded in the great commission of Jesus.
(Matthew 28:16-20)

We are committed to welcome and minister to all people.

We are committed to equipping people for ministry.

We are committed to service in our community and world.

We are committed to a ministry of relationship building.

We are committed to our heritage and identity as a reforming church.

We are committed to excellence in broadcast ministry.



WORSHIP SERVICES

SATURDAY (Christ the Victor Chapel)
5 p.m. Vespers with Communion

SUNDAY (Sanctuary)
8:15 a.m. Traditional Worship with Communion
9:45 a.m. Traditional Worship
11:15 a.m. Contemporary Worship
12 p.m. Worship in an African Context (Chapel)

MEDIA MINISTRY BROADCASTS
8:15 a.m. KELO-FM Radio (92.5)
11 a.m. KSFY (Sioux Falls), KPRY (Pierre) and KABY (Aberdeen)

First Word

First Word is the monthly newspaper of First Lutheran Church in Sioux Falls, S.D. It is distributed to members of the congregation and others upon request.

If you have material for *First Word*, please contact the editor, Kerrie Vilhauer, or a member of the First Lutheran Church pastoral or program staff (see staff listing on page 3).

Opinions expressed in *First Word* are those of the author and are not necessarily shared by the First Lutheran Church congregation or staff. The editors of *First Word* reserve the right to edit submissions. Responses are welcome.

The deadline for the July issue is Thursday, June 9. Please e-mail articles or questions regarding *First Word* to: kvilhauer@flcsf.org. *First Word* is also available online (www.flcsf.org).

Welcome to new members of First Lutheran Church



Welcome to the following people who were received into the family of First Lutheran Church as new members.

Back row: Gordon Graff III, Kari Skillman, Drew Popham, Charles (CJ) Pesante, Amber Mortenson, Tanner Jacobsen and Aleece Swecker.

Front row: Chuck Taylor, Susanne Hartman, Elaine Wiese, Eunice Hovland, Howard Hovland and Leon Richardson.

Not pictured: Robert Brannon, Gordon Graff IV, Ethan Graff, Danielle Grochow, Nichole Harris, Alyssa Pesante, Annmarie Steele and Jeffrey Steele.

PHOTO BY GENE SMITH

Church Council Highlights: April 28, 2011

Bill Bradfeldt, chair of the Board for Outreach Ministries, outlined four ministries that were recommended by the Mission-Outreach Task Force and that have not received funding as yet. They are Habitat for Humanity, St. Francis House, LIZWAN and Lutheran World Relief. Treasurer Corey Halstenson distributed a report that detailed the income and expenses of the "God's Gifts. Our Responsibility." campaign. He pointed out the importance of managing cash flow. The Mission-Outreach Fund stood at \$120,336 before expenditures of \$96,000 (\$40,000 each to projects in Cameroon and Nicaragua and \$8,000 each to St. Dymas and The Community Outreach) were approved. A motion was made, seconded and passed to

authorize the Outreach Board to spend \$20,800 this year to fund projects in a manner they choose.

President James Moore described the renovation of the balcony, which will include removing the pews and replacing them with chairs, reconfiguring the risers, placing the organ in a different location, and raising the balcony rails. Sioux Falls Construction will make these changes, at a cost of \$29,500. It is expected that the Schoenstein workers will complete the removal of the console by May 21.

Pastor John Christopherson reported that with the retirement of Pastor Dave Johnson there is a need for someone to plan and facilitate the Adult Forum, teach confirmation, provide pastoral care such as hospital

visitation, occasionally present the Wednesday Bible study and preach at vespers if the need arises. To fill these needs, he recommended Alan Saatkamp, a member of the congregation who has completed the necessary courses at Sioux Falls Seminary to be commissioned as an associate in ministry (under the auspices of the S.D. Synod office, ELCA) and has experience both in preaching on an interim basis and in teaching as a substitute in the Sioux Falls School System. A motion to refer to a congregational vote extending a call to Alan Saatkamp to serve as an associate in ministry on a part-time basis for a one-year term was made, seconded and passed. The congregational meeting was set for May 15 at 12:30 p.m.

ADULT DISCIPLESHIP



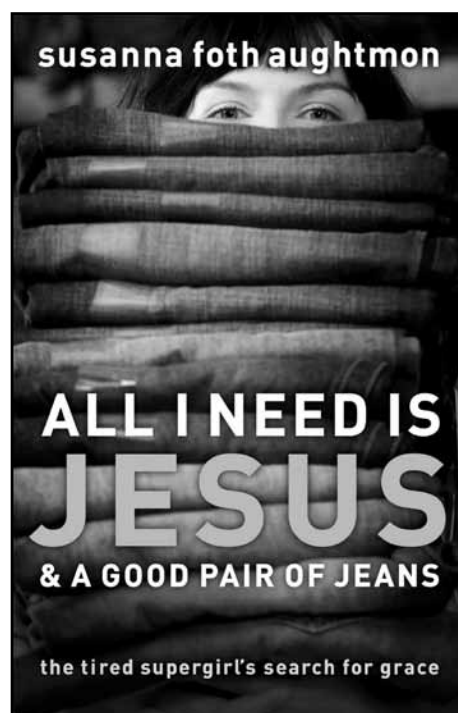
Suggested summer reading list from the First Lutheran Church Library

The following is a list of recommendations from the First Lutheran Church Library for summer reading. All of these selections are available for check-out.

All I Need Is Jesus and a Good Pair Of Jeans: The Tired Supergirl's Search for Grace

This book by Susanna Foth Aughtmon is the June book pick. Here's what it says on the back of the book: "You know the pressure. To have the perfect Christian life and the perfect family. To be the perfect friend. To look perfect in those jeans. To be a supergirl. Instead of feeling good about yourself, you're left stuck in the gap between who you are and who you long to be.

Susanna Foth Aughtmon knows what it's like to be a tired supergirl, fighting the enemies of pride, worry, jealousy, busyness, loneliness, and many more. With humor and courage, she lays bare those times in her own life when she found it a challenge to live the life God wants for her. But even tired supergirls have a secret weapon: God's Truth."



All I Need Is Jesus and a Good Pair Of Jeans: The Tired Supergirl's Search for Grace by Susanna Foth is the First Lutheran Church Library's June Book of the Month. It is the memoir of a woman making her way as a young Christian.

Here are some more titles to check out and where in the library they are located:

- *Little Girls in Church* by Kathleen Norris (A – Arts (poetry))
- *Bum Phillips: Coach, Cowboy, Christian* by Bum Phillips and Gabe Sernenza (B – Biography)
- *Watch Over Me* by Christa Parrish (F – Fiction)
- *Breach of Trust* by DiAnn Mills (F – Fiction)
- *Yada Yada House of Hope* (4 book series) by Neta Jackson (F – Fiction)
- *Intervention* (Intervention Series, Book 1) and *Vicious Cycle* (Intervention Series, Book 2) by Terri Blackstock (F – Fiction)
- *Grace Notes* by Philip Yancey (G – Growth or Christian Inspirational)

Small What?!

Five-week study on the Smalcald Articles begins Sunday, June 19

By Pastor Jason Burggraff

Sure that he would die before he was ever given an official chance to make his theological defense before Rome and the Emperor, Martin Luther was called upon to write a proper Lutheran theology. The result was the Smalcald Articles. Through the articles, written in 1537, Luther indicated what could and what could not be accepted or given up by the reformers. Though



Pastor Jason Burggraff

these writings are of great value to historians, even more are they of value to all Christians because they set out to state the true foundation of the Church, and thus life itself—which is the preaching of Christ alone.

Check out how Luther begins:

“Here is the first and chief article: That Jesus Christ, our God and Lord, ‘was handed over to death for our trespasses and was raised for our

justification’ (Romans 4[:25]); and he alone is ‘the Lamb of God, who takes away the sin of the world’ (John 1[:29]); and ‘the Lord has laid on him the iniquity of us all’ (Isaiah 53[:6]); furthermore, ‘All have sinned,’ and ‘they are now justified without merit by his grace, through the redemption that is in Christ Jesus...by his blood’ (Romans 3[:23–25]). Now because this must be believed and may not be obtained or grasped otherwise with any work, law, or merit, it is clear and certain that this faith alone justifies us, as St. Paul says in Romans 3[:28, 26]): ‘For we hold that a person is justified by faith apart from works prescribed by the law’; and also, ‘that God alone is righteous and justifies the one who has faith in Jesus.’ *Nothing in this article can be conceded or given up, even if heaven and earth or whatever is transitory passed away.* [emphasis mine] As St. Peter says in Acts 4[:12]: ‘There is no other name ... given among mortals by which we must be saved.’ ‘And by his bruises we are healed’ (Isa. 53[:5]). On this article stands all that we teach and practice ...” (Martin Luther, Smalcald

SMALCALD ARTICLES

STUDY DATES:

- Session 1:** June 19, 22, 23
- Session 2:** July 10, 13, 14
- Session 3:** July 17, 20, 21
- Session 4:** Aug. 3, 4, 7
- Session 5:** Aug. 10, 11, 14.

Meeting place and time:

- Sunday meetings take place at 8:55 a.m. in Fellowship Hall.
- Wednesday meetings take place at 6:30 p.m. in the Gathering Room.
- Thursday meetings take place at noon in the Friendship Room.

Articles, quoted from “The Book of Concord,” ed. Robert Kolb, Timothy Wengert, Fortress Press, 2000, p. 301.)

Though relatively short, there is nothing small about the Smalcald Articles. They’re an exciting read and study in Holy Scripture and theology. Come find out more as we read and discuss them together, along with some help from theologian Gerhard Forde.

FLCW Schedule

The First Lutheran Church Women all-circle Bible study will be Thursday, June 2, in the Gathering Room at 9:30 am. The study will be led by Pastor Jim Christopherson. All women are invited to attend.



Scripture lessons

June 5: Acts 1:6–14; Psalms 68:1–10, 32–35; 1 Peter 4:12–14, 5:6–11; John 17:1–11

June 12: Acts 2:1–21 or Numbers 11:24–30, Psalms 104:24–34, 35b; 1 Corinthians 12:3b–13 or Acts 2:1–21; John 20:19–23 or John 7:37–39a

June 19: Genesis 1:1–2:4a; Psalms 8; 2 Corinthians 13:11–13; Matthew 28:16–20

June 26: Jeremiah 28:5–9; Psalms 89:1–4, 15–18; Romans 6:12–23; Matthew 10:40–42

Save the second Tuesday of the month for Senior Ministry

By Charlotte Peters

The Senior Ministry meets the second Tuesday of the month and serves a delicious noon lunch and entertains with a program.

In May, more than 75 seniors ate chicken salad and fruit, guessed at table puzzles, caught up with news of their peers and heard a program called “Dwelling Places” presented by Marit Pudas. Marit has been doing miniature exhibits for almost 30 years. Each table was decorated with a “room” containing little pieces of furniture and things which were most unusual and even provocative, bringing many interesting comments. Marit’s husband, Franklin Pudas, one of First Lutheran’s visitation pastors, led devotions.

Thanks to the foresight of a past member of First Lutheran, the late Olga Ulberg, these events are completely funded by a bequest. Volunteers put together the meal and President of the Senior Ministry Team Maurine Hult moves everything along, making everyone feel welcome.

Plan to make the second Tuesday of the month a date on your calendar. The next luncheon is Tuesday, June 14, at noon. Join the senior citizens on this special day out!

Rides to these events are available through Project CAR. Call 332-2777 at least one day in advance.



Pastor Franklin and Marit Pudas stand next to the Norwegian fishing pier they constructed. Marit conducted the most recent Senior Ministry Luncheon program.



This replica of a Mexican restaurant decorated a table at the most recent Senior Ministry Luncheon.

Next Senior Ministry Luncheon

Tuesday, June 14
12 p.m. Luncheon
Fellowship Hall

“Making the Sleeping Moments Matter”
by Annette Bosworth, MD

No reservations needed.
All are welcome.

CHURCH COUNCIL

Officers

James Moore President
Mitch Krebs Vice President
Corey Halstenson Treasurer
Kris O’Connell Secretary

Council Representatives

Randy Olawsky Financial Services
Alan Saatkamp Adult Discipleship
Toby Wellenstein Pastoral Care
Gregg Greenfield Member-at-Large
Bill Bradfeldt Outreach
Adam Smith Youth, Family and Young Adult Ministry
Ron Moegenburg Stewardship
Tracie Osthus Member-at-Large
Marilyn Korsten Member-at-Large
Kathrine Clark FLCW
Julia Kramer Media
John Hegg Worship and Music
Tim Heinemann Property

FIRST LUTHERAN CHURCH DIRECTORY

To reach a staff member directly, dial 339-1983 and the phone extension listed in parentheses.

Pastoral/Administrative Staff

(12) Rev. Dr. John Christopherson Senior Pastor
(17) Rev. Jason Burggraff Associate Pastor
(21) Rev. Natanael Lizarazo Associate Pastor
(19) Rev. Barbara Wangsness Associate Pastor
(1) Rev. James Christopherson* Associate Pastor
(11) Rev. LeeRoy Eikanger* Visitation Pastor
(11) Rev. LeRoy Nevin* Visitation Pastor
(1) Rev. M. Franklin Pudas* Visitation Pastor
(11) Alan Saatkamp* Associate in Ministry
(26) Marilyn McNeill Church Administrator
(1) Carol Knapp Pastors’ Secretary

Youth, Family and Young Adult Ministries

(13) Marnie Dahle Backer Director of Youth Ministries
(34) Debbie Garcia Administrative Assistant
(45) Nancy Henrichsen Director of Children’s Ministries
(41) Mara Stillson Associate Director of Youth Ministries
(25) Melody Roberts* Nursery Coordinator/
Children’s Ministries Assistant
(40) Irma Rodriguez Leon* Nursery Attendant
(10) Heidi Tooley* Recreational Ministries
Coordinator

Financial Services

(18) LaVonne Wolf Financial Specialist

Library

(43) Barbara Siebelts* Library Coordinator

Media Ministries

(15) Kathy Hein* Broadcast Technical Director
(20) Heather Kuecker* Communications Assistant
(15) David Palmer* Broadcast Technical Director
(15) Kerrie Vilhauer* Communications Coordinator
(15) Joe Ward* Broadcast Technical Director

Outreach Ministries

(36) Linda Carpenter* Visitor/Volunteer Coordinator

Pastoral Care Ministries

(24) Paula Bartels* Parish Nurse
(11) Arlene Bich* Wedding Coordinator
(16) Dr. Mark Britzman* Christian Counselor (consultant)
(11) Sarah Hagenlock* Wedding Coordinator
(11) Sherri Schroden* Wedding Coordinator
(22) Charlotte Peters* Caring Ministry Coordinator

Property and Administrative Services

(29) John Cerwinski Custodian
(29) Jeff Hartnett Custodian
(10) Deb Koch Kitchen Assistant
(29) Rob Oswald Facilities Manager
(10) Connie Corey* Receptionist/Member Secretary
(10) Barbara Johnson* Receptionist/Member Secretary
(10) Kristy Zuraff* Receptionist/Member Secretary

Worship and Music Ministries

(35) Shirley Barlow Administrative Assistant
(35) Dorothy Christopherson* Women’s Choir Director
(14) Dr. Michael Elsbernd Director of Music Ministry
(35) Dr. Jerry Hanson* Director of Music Emeritus
(35) Marcia Kittelson* Organist Emerita
(35) Gerry Kropp* FLYGHT and Jubilant Singers
Accompanist
(35) Bonnie Lindgren* Carol Choir Director
(35) Mary Pottratz* Belle Campana/Agape Ringers
Director
(35) Sue Severson* Adult Choir Accompanist
(35) Pam Sonnichsen* Instrumental Coordinator
(35) Hazel Wek* Carol Choir/
Women’s Choir Accompanist
(49) Christopher Windle Assistant Director of Music
*Part-time

Main Phone Line: (605) 336-3734

Direct Dial: (605) 339-1983

Toll-Free: (800) 425-9899

Fax: (605) 336-8370

Emergency Cell: (605) 323-7667

Custodian Cell: (605) 351-8281

Project Car: (605) 332-2777

OUTREACH MINISTRIES



First Lutheran serves 472 people at The Banquet

First Lutheran served 472 guests—90 of whom were children—supper at The Banquet on Monday, May 2.

The Banquet helps feed the homeless and poor in Sioux Falls. They provide a safe place where people can gather, receive nourishment and experience love in action. First Lutheran pays for, prepares and serves meals four times a year.

Watch the bulletin news notes for the next opportunity to serve, or call Roger or Bev Lamp for more information at 339-4195.

Go to www.thebanquetsf.org to learn more about The Banquet's ministry.



Barb Johnson and Bev Lamp look on as Don Helberg cooks the meat.



Roger Lamp slices up vegetables in preparation for the evening meal.



Barb Johnson prepares the dining room.

WORSHIP AND MUSIC



FLYGHT and Jubilant Singers serve others in ministry and mission

The high school vocal choir, FLYGHT, and the middle school vocal choir, Jubilant Singers went on their annual Sing-Out in May. They travelled to Omaha, Neb., and stayed at St. Michael Lutheran Church and sang for their worship Saturday evening. They also went to Omaha's Henry Doorly Zoo.

This experience gave these young people the opportunity to serve God's people in ministry and mission, and helped to fulfill First Lutheran's mission to equip and send forth people to serve and witness in Jesus' name.

Special thanks to the Lutheran Men in Mission whose grant helped to make this trip possible.



Paddles up! Ehan Moore (left) and Adam Bierstedt stand at the ready during a game of ping pong.



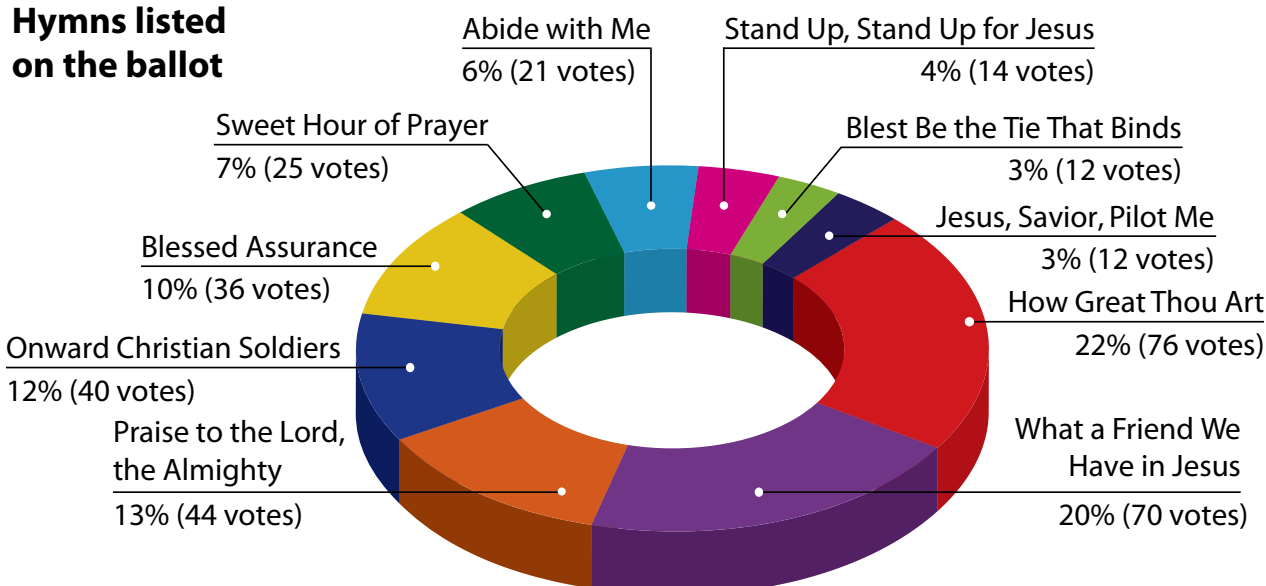
Above: The choirs practice at St. Michael Lutheran Church. **Right:** A group heads over the rope bridge at the Omaha zoo. **Far right, left to right:** Hanna Liddiard, Morgan Johnson and Claire Carlson pose for a picture during the choir trip.



Hymn vote results

In April, we asked you what your favorite hymns were in preparation for a special service in May. Here are the results of the poll. In all, 163 votes were tallied. Hymns in the coming months of worship will be selected from this list.

Hymns listed on the ballot



Top write-ins:	Number of votes	%
Amazing Grace	18	11%
Beautiful Savior	14	9%
A Mighty Fortress is Our God	9	6%
Lift High the Cross	9	6%
Holy, Holy, Holy	8	5%
Jesus Loves Me	6	4%
Here I Am Lord	5	3%
Now Thank We All Our God	5	3%
I Love to Tell the Story	4	2.5%
Shall We Gather at the River	4	2.5%
What Wondrous Love Is This	4	2.5%
This is My Father's World	4	2.5%
Other write-ins	67	43%

FROM THE CHILDREN



The children of the Carol Choir, under the direction of Bonnie Lindgren, led the 11:15 a.m. worship service on Sunday, May 8. It was the 36th anniversary of the special presentation, called From the Children. DVDs of the service are available by calling Communications Assistant Heather Kuecker at 339-1983, ext. 20.



PHOTOS BY JACINDA CERWINSKE

YOUTH, FAMILY AND YOUNG ADULT MINISTRIES



4:12 Thunder Road Thursday

Thursday, June 16
6-8 p.m.
\$10
Meet at Thunder Road

We'll have a picnic of Erbert and Gerbert's for supper then all kinds of Thunder Road fun.

High School Summer Youth Group

Wednesday, June 8
7-8:30 p.m.

Meet at the McKennan Park picnic shelter for a night of kickball and horseshoes!

MIDDLE SCHOOL

SUMMER AFTERNOON ADVENTURES

June 8, July 20 & Aug. 10

1-5 p.m.

Meet at the church

Please sign up in the Youth and Family Office. No Cost. Friends are invited, but please sign them up and have them fill out a medical release form. (This event is for youth who have completed sixth and seventh grade.) Call Mara at 339-1983, ext. 41, with questions.



First Lutheran Church Calendar—June 2011



Wednesday, June 1

9:00 AM Vacation Bible School UR/ RH/RHK/ LFT/P
10:00 AM Bible Study with the Pastors GR/GRK
12:00 PM Eat Well Live Well Love God PMR
1:30 PM Pastors Meetings TR
6:30 PM Wednesday Women's Group MdC

Thursday, June 2

7:30 AM Men's Bible Study GR
9:00 AM Staff Meeting FrR
9:00 AM Vacation Bible School UR/ RH/RHK/ LFT/P
9:30 AM FLCW Bible Study GR/GRK
10:00 AM Visitation Pastors TR
1:00 PM Basketball Practice (SL) RH
7:00 PM Pre-Baptism Class GR

Friday, June 3

8:00 AM Bulletin Volunteers QSC
9:00 AM Vacation Bible School UR/PR/RH/RHK/ GR/G
Saturday, June 4
10:15 AM Open Gym RH
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C

Sunday, June 5

8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
9:15 AM Hy-Vee Grocery Card Sales W
9:45 AM Traditional Worship S
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
3:00 PM Counseling PR
7:00 PM Small Group Ministries Offsite

Monday, June 6

8:45 AM Basketball Practice (SL) RH
5:15 PM Volleyball Practice (MR) RH
6:00 PM TOPS Weigh-In & Meeting PMR
Tuesday, June 7
9:00 AM Worship Planning TR
1:00 PM Basketball Practice (SL) RH
1:30 PM Youth & Family Staff Meeting PMR
6:00 PM Stephen Ministries FrR/FrRK

Wednesday, June 8

10:00 AM Bible Study with the Pastors GR/GRK
1:00 PM Middle School Summer Event RH/RHK/ LFT/
1:30 PM Pastors Meetings TR
6:30 PM Wednesday Women's Group MdC
7:00 PM Youth Group Kickball/Horseshoes Offsite

Thursday, June 9

7:30 AM Men's Bible Study GR
9:00 AM Staff Meeting FrR
12:00 PM Project Car Steering Comm TR
1:00 PM Basketball Practice (SL) RH

5:30 PM Media Board TR
6:00 PM Holistic Health Council PMR
6:00 PM Board of Outreach FrR

Friday, June 10

8:00 AM Bulletin Volunteers QSC
8:45 AM Basketball Practice (SL) RH
9:40 AM Senior Ministry Board Meeting TR
6:30 PM Hanson/Stensland Wedding Rehearsal S

Saturday, June 11

10:15 AM Open Gym RH
11:30 AM Wedding Hospitality TR
1:00 PM Geri Brook Birthday Party GR GRK
2:00 PM NAMI Connections Support GroupPMR
3:00 PM Hanson/Stensland Wedding S
5:00 PM Vespers C
8:00 PM Bethlehem Lutheran Overnight D MdC RH

Sunday, June 12

12:00 AM Bethlehem Lutheran Overnight D MdC RH
8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
9:15 AM Hy-Vee Grocery Card Sales W
9:15 AM Equal Exchange Coffee WCD
9:45 AM Traditional Worship S
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
3:00 PM Counseling PR
7:00 PM Small Group Ministries Offsite

Monday, June 13

Ronald McDonald Care MobileA/GR/TR
8:45 AM Basketball Practice (SL) RH
9:00 AM Sewing QSC
12:00 PM Dental Equipment TR
5:15 PM Volleyball Practice (MR) RH
6:00 PM TOPS Weigh-In & Meeting PMR

Tuesday, June 14

Ronald McDonald Care MobileA/GR/TR
9:00 AM Worship Planning PMR
12:00 PM Dental Equipment TR
12:00 PM Senior LuncheonFH/FHK
1:00 PM Basketball Practice (SL) RH
1:30 PM Youth & Family Staff Meeting PMR
6:30 PM Board of Adult Discipleship TR

Wednesday, June 15

Ronald McDonald Care MobileA/GR/TR
9:00 AM Quilting QSC
10:00 AM Bible Study with the Pastors FrR/ FrRK
12:00 PM Dental Equipment TR
1:30 PM Pastors Meeting PMR
6:30 PM Wednesday Women's Group MdC

Thursday, June 16

Ronald McDonald Care MobileA/GR/TR
7:00 AM Men's Bible Study
9:00 AM Staff Meeting FrR
12:00 PM Dental Equipment TR
1:00 PM Basketball Practice (SL) RH



Above: A look at a bottom board (or magnet board) of the organ. Each of the circles contains a piece of leather that will be replaced. A pipe sits on top of each circle.

Right top: An employee from Schoenstein and Co. cleans out some pipework.

Right bottom: The pews serve as a temporary storage place for organ shipping crates.



5:00 PM Financial Services Bd PMR
5:30 PM Board of Worship & Music TR

Friday, June 17

8:00 AM Bulletin Volunteers QSC
8:45 AM Basketball Practice (SL) RH
5:30 PM Van Bockern/Blasius Wedding Rehearsal S

Saturday, June 18

10:15 AM Open Gym RH
11:30 AM Wedding Hospitality TR
2:00 PM NAMI Connections Support GroupPMR
3:00 PM Van Bockern/Blasius Wedding S
5:00 PM Vespers C
7:00 PM First St Paul Lutheran Overnight D MdC

Sunday, June 19

First St Paul Lutheran Overnight D MdC
8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
8:55 AM Study on Smalcald Articles FrR
9:15 AM Hy-Vee Grocery Card Sales W
9:45 AM Traditional Worship S
11:00 AM Chapel Choir CR
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
3:00 PM Counseling PR
7:00 PM Small Group Ministries Offsite

Monday, June 20

8:45 AM Basketball Practice (SL) RH
5:15 PM Volleyball Practice (MR) RH
6:00 PM TOPS Weigh-In & Meeting PMR

Tuesday, June 21

9:00 AM Worship Planning TR
1:00 PM Basketball Practice (SL) RH
1:30 PM Youth & Family Staff Meeting PMR
5:00 PM Youth & Family Board Meeting PMR
6:00 PM Board of Pastoral Care L

Wednesday, June 22

10:00 AM Bible Study with the Pastors GR/GRK
1:30 PM Pastors Meetings TR
6:30 PM Wednesday Women's Group MdC
6:30 PM Study on Smalcald Articles GR

Thursday, June 23

7:30 AM Men's Bible Study GR
12:00 PM Study on Smalcald Articles FrR

1:00 PM Basketball Practice (SL) RH
5:00 PM Church Council PR
6:00 PM Stephen Ministries FrR/FrRK

Friday, June 24

8:00 AM Bulletin Volunteers QSC
8:45 AM Basketball Practice (SL) RH
10:00 AM Grochow/Brannon Wedding McKennan Park

4:00 PM First St Paul Lutheran Overnight D MdC

Saturday, June 25

First St Paul Lutheran Overnight D MdC
10:15 AM Open Gym RH
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C

Sunday, June 26

8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
9:15 AM Hy-Vee Grocery Card Sales W
9:45 AM Traditional Worship S
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
3:00 PM Counseling PR
7:00 PM Small Group Ministries Offsite

Monday, June 27

8:45 AM Basketball Practice (SL) RH
5:00 PM Property Board TR
5:15 PM Volleyball Practice (MR) RH
6:00 PM TOPS Weigh-In & Meeting PMR

Tuesday, June 28

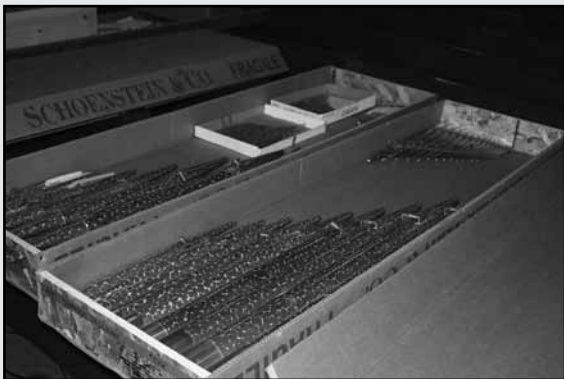
8:30 AM Foot Clinic PMR
9:00 AM Worship Planning TR
1:00 PM Basketball Practice (SL) RH
5:00 PM Stewardship Board Meeting TR

Wednesday, June 29

10:00 AM Bible Study with the Pastors GR/GRK
1:30 PM Pastors Meetings TR
6:30 PM Wednesday Women's Group MdC

Thursday, June 30

7:30 AM Men's Bible Study GR
9:00 AM Staff Meeting FrR
1:00 PM Basketball Practice (SL) RH



Left: The antiphonal division pipework tucked in its shipping crate ready for installation. **Right:** A peek at the inside of the organ console.



MEDIA MINISTRIES

April and May broadcast sponsors

First Lutheran Church's worship can be seen every Sunday at 11 a.m. on KSFY, KPRY and KABY in Eastern South Dakota, Southwest Minnesota, Northwest Iowa and Northeast Nebraska. A live radio broadcast of worship can be heard each Sunday at 8:15 a.m. on KELO-FM, 92.5.

KELO broadcast sponsored:

April 3: In memory of Leonard Martinek, whose 90th birthday would have been March 31, by his twin sons, Craig and Carl Martinek, and family.

April 10: In memory of Cora Boneff through earnings from a bequest she made to the First Lutheran Church Foundation.

April 17: In memory of Thomas Richardson, who would have celebrated his 56th birthday on April 27, by his father, Leon Richardson.

April 24: In honor of Mary Ellen Lantis, Elaine Johnson and Rick Berdahl and their families by Mike and Gloria Simpson.

May 1: In memory of Albert and Stella Wold by Dick and Jeanne Wold.

May 8: In memory of Harry and Lena

Dooyema by their family.

May 15: By an anonymous member who is thankful for life.

May 22: In memory of Erling and Clara Haugo, who would have celebrated their wedding anniversary on May 29. It is made possible by earnings of a gift to the First Lutheran Church Foundation.

May 29: By Orville and Ardis Hill in loving memory of their parents.

KSFY telecast sponsored:

April 3: In loving celebration of the memory of Susan Lankford. It is made possible by earnings through a gift by her family and friends to the First Lutheran Church Foundation.

April 17: By Frank and Marilyn Alvine in memory of their parents and in thankfulness for their family.

April 24: By Jack and Amanda Leaders through a special gift to the First Lutheran Church Foundation.

May 1: In memory of Jake and Amelia Fritz and their son, Leonard Fritz, by family.

May 8: In memory and honor of all mothers by the First Lutheran Church Women.

KTTW-FOX telecast sponsored:

May 29: By the First Lutheran Church Media Board in honor of all those who worship with us through the broadcast.

Closed captioning sponsored:

April 24: In honor of Bill and Rachel Burggraaf, who celebrated their 48th wedding anniversary on April 20, by their children and grandchildren.

May 1: In memory of Harvey Quamen, Sr., who would have celebrated his 95th birthday on May 2, by Eunice Quamen and Harvey Quamen, Jr.

May 8: By Pastors Natanael Lizarazo and Barbara Wangness in honor of their daughter, Liz's, college graduation and their wedding anniversary on May 7.

Gifts and memorials

Un-sponsored dates are made possible in part through gifts and memorials to First Lutheran Church Media Ministry. All donations make a difference. Thank you for your support.

Sponsorships available

To sponsor a broadcast or closed captioning, call LaVonne Wolf at 339-1983, ext. 18.

FINANCIAL SERVICES



Gifts and memorials from April 2011

Thank you to our generous donors who have shared many thoughts, prayers and financial gifts with the ministries of First Lutheran Church. We are blessed by the support of the following people...

Gifts to the Foundation in honor of

Pastor Dave Johnson: Severin & Shirley Drobny; Jean Ellwein; Flip & Mavis Fjellanger; Stephen Johnson; Mike & Gloria Simpson; Don & Florence Toft

Gifts to Caring Ministry in memory of

Victor Hoeck: Don & Iola Nelson
Gordon Miller: Jay & Elizabeth Wood
Craig Nelson: Don & Iola Nelson
Laura Nesheim: Don & Iola Nelson; Jay & Elizabeth Wood
Halgerd Sorlien: Don & Iola Nelson
Evelyn Winterton: Don & Iola Nelson

Gifts to Media Ministry in honor of

Pastor Dave Johnson: Jolaine Gerlach
Miles & Barbara Siebelts: Kate Heligas

Gifts to Media Ministry in memory of

Doris Anderson: Homer & Marie Daniel; Friends
Scott DeZotell: Darlene Colwill
Bill Grevlos: Cheryl Grevlos
Marjorie Hetland: Verlyn & Eunice Howe
Carrie Hieronimus: Jan Boettcher; Barbara Matson
Gordon Miller: Jeff & Edna Husman
Laura Nesheim: First Lutheran Church Women; Gladys Holliday; Pastor Franklin & Marit Pudas; Kevin Carlson; Friends

Rev. Quentin Quanbeck: E. Lucille Quanbeck
Dolly Rierson: First Lutheran Church Women
Kathryn Robinson: Bud & Barbara Entringer; Barbara Matson; Mary Ann Hohman; Patti Erickson
Vi Smith: Jean Hoff
Halgerd Sorlien: Betty O. Johnson
Darel Wetering: Ruth Werner

Gifts to Music Department in memory of

Kathryn Robinson: Don & Joyce Helberg; Howard & Arlene Bich; Orrin & Karen Anderson; Michael & Gloria Simpson

Financial update

April 2011

Worship Attendance	
April 2011	5,747
Total Revenues YTD	
2011 Actual	\$645,819
2010 Actual	\$654,329
Total Expenses	
2011 Actual	\$609,964
2010 Actual	\$620,231
Notes Payable	
Bank Loan - Capital	\$949,226
Contract For Deed	
Ideal	\$602,921
"God's Gifts. Our Responsibility." Income	
Through April 2011	\$1,921,497

PASTORAL CARE MINISTRIES



Life Transitions through April

Births

"May the Lord give you increase, both you and your children." (Psalm 114:15)

- Saylor Lynn Moulton, daughter of Hollee Requist and Adrian Moulton, born on April 9
- Alexis Jolynn Tiedeman, daughter of Tyler Tiedeman and Bobbi Foht, born on March 24
- Ellenor Ann Swedlund, daughter of Brady Swedlund and Michelle Paugh, born on Feb. 24
- Presley Harper Houska, daughter of Garrett and Alissa Houska, born on March 25
- Kenzie Livia Koenig, daughter of Keith and Nicole Koenig, born on April 19
- Flynn Thomas McElroy, son of Jeffery and Michelle McElroy, born on April 26

- Paul Alan Monsen, Jr., son of Paul and Larissa Monsen, born on April 26
- Aryia Jo Scott, daughter of Amber Scott, born on April 7

Baptisms

"Go ... make disciples ... baptizing them in the name of the Father, Son and Holy Spirit." (Matthew 28:19)

- Kenly Marie Namanny, daughter of Scott and Kendra Namanny
- Mason Erik Danko, son of Erik and Abby Danko
- Taylin Noelle Mohr daughter of Scott and Jeni Mohr

Deaths

"Death is swallowed up in victory... thanks be to God, who gives us the victory through our Lord Jesus Christ." (1 Cor. 15:57)

- Anne Helland
- Lavonne Geick
- Harry Reiner

Dental care offered

The Ronald McDonald Care Mobile is coming June 13-16

The Ronald McDonald Care Mobile, a fully-equipped dental office on wheels, provides dental care to children up to the age of 21 who have no dentist. It will be at First Lutheran June 13-16.

Call First Lutheran Church Parish Nurse Paula Bartels at 339-1983, ext. 24, to set up an appointment or to learn more. The Care Mobile accepts CHIPS and Medicaid; however, no one will be turned away if unable to pay. Spread the word to anyone who may need this service; you do not need to be a member of First Lutheran Church.

The Board for Pastoral Care sponsors the Care Mobile in cooperation with:

- Delta Dental Philanthropic Fund
- Ronald McDonald House Charities of South Dakota, Inc.
- South Dakota Department of Health



Healthy Feet Community Foot Care Clinic

**Tuesday, June 28
Parish Meeting Room**

By appointment only.
Call 336-3734. Cost is \$25 via cash or check the day of the appointment.



Summer is here: Eat well, wear your sunglasses and read a book

By Paula Bartels, Parish Nurse

Have you ever considered a field trip to the grocery store? Members of the 3-D Eat Right, Live Well, Love God group, along with some guests from First Lutheran, did just that recently.



Paula Bartels

We learned a lot at HyVee, especially about the NuVal number system given to foods. It allows users to compare overall nutrition of food in one number between 1 and 100. The higher the NuVal score,

the better the nutrition. Strawberries have a NuVal number of 100!

Take care of your eyes

Hy-Vee dietician Jessica Waltner talked about the importance of protecting your eyes in her most recent

email newsletter. While wearing sunglasses is important, she also talked about lutein and zeaxanthin, two antioxidants that work like internal sunglasses, protecting eyes from damage.

She writes: "Sunlight and indoor lighting over time may possibly cause damage to the inside of your eyes, leading to eye diseases such as age-related macular degeneration and cataracts. ... Newer research has shown lutein and zeaxanthin may benefit healthy vision for all adults. These nutrients have been found to work together to help improve visual performance, improve night vision and sharpness of images. Surprisingly, the best food source comes from spinach and kale, not carrots."

Jessica says to increase absorption of the nutrients, cook the greens in a small amount of oil or serve with an oil-based dressing for salads.

If you want further information

on NuVal, food sources for lutein and zeaxanthin, or have other nutrition-related questions, contact HyVee and ask to speak with the dietician.

Do you need your eyes checked?

You may be in need of an eye exam or glasses, but financially it isn't possible for you. Resources are available to help. The Lions Eye Clinic takes place every other Wednesday (the next clinic is June 15) at Falls Community Health from 12 to 3 p.m. Call 367-8793 for an appointment. If you need new eye glasses, there is a program that may be of help. Contact me at 339-1983, ext. 24, for more information.

Another great program is the South Dakota Services to the Blind and Visually Impaired. They do home visits to give ideas and suggest aids that can help those who have vision problems. Learn more by calling 367-5330.

Use your eyes to read!

Summer can be a great time

for reading. It's a great way to take care of your mind and soul! *Becoming Human* by Jean Vanier might challenge your thinking.

Or, an easier read might challenge your thinking in a different way: check out the number one New York Times best seller, *Heaven is for Real* by Todd Burpo. It's the astounding story of a little boy's trip to heaven and back. And, Sioux Falls is featured in the book!

When reading the greatest book of all, the Bible, it is good to ask God to help us understand what we read. Psalm 119:18 is such a request: "Open my eyes that I may see wonderful things in your law."

Consider walking and praying at the same time! Walking at Falls Park might be a wonderful way to spend time alone with God or with family and friends all while taking care of your temple! Have a healthy summer!

Writing seminar focuses on telling stories

Small steps lead to success in memoir writing

By Jim Smorada, Member of First Lutheran Church and Instructor at Kilian Community College

The first round of a First Lutheran writing seminar focusing on memoir writing concentrated on how to get the project started.

Everyone started; everyone wrote something.

The seminar also showed ways participants could make their narratives less like an obituary by borrowing techniques from fiction to tell a new truth.

Everyone tried; everyone found that it will be a work in progress for every one of them attempting a memoir.

The group learned individuals can succeed if they commit to small steps every day leading to a larger project.

Here are some pieces of advice they were given:

- **Time:** Set a time aside to write. It should be the same time every day. Many professional writers set aside a specific time and a specific amount of time they will devote to the task each

day. Experts in the craft agree that whatever the time of day, the writer needs to sit there and either write or wait. Some days waiting is as important a task as writing words on paper. Experts say it takes about 28 days in a row to establish a pattern. Establishing a routine can be a significant step in producing a finished story.

- **Goals:** Many writers set goals for



Jim Smorada (right) discusses tips on writing a memoir.

what they want to accomplish each day—one page or 1,200 words—the key is consistent work. Writing a project like a memoir succeeds when it becomes part of a daily routine of creating parts.

- **Location:** Writers need a quiet place in which to write that is free of distractions, with a door that can be closed.

- **Fiction teaches:** As participants began recording memories, they were reminded that fiction can be a good teacher. For example, every story has a chief actor who is working on something. This character most often is the person telling the story. That actor needs a plot. And something to say—dialog. And the actor works to solve or not solve a problem. These elements of fiction make a memoir livelier.

- **Descriptions:** All good stories delight in concrete descriptions—not too many but enough of them to make the tale memorable.

- **Learn from others:** Finally, most

writing coaches suggest anyone who wants to write start looking for others who have written the kind of story they want to write. These memoirs or autobiographies can be found online, at libraries or in bookstores.

The seminar considered author, teacher and writing coach William Zinsser's advice not to be afraid to express deep feelings. Zinsser argues a memoir is more than a story of what happened. A good memoir must be an account of how an author feels about what happened not just what happened. Zinsser writes that no feelings are forbidden. An author may choose to delete some content later, but for now, clearly working through all the memories is a priority.

Throughout the sessions participants were told to pick a few good readers who care about what they've written and who will give an honest evaluation of the work. Every writer needs an editor.

Always.

A writer doesn't need anything fancy:

- Pens or pencils that please the user every time he or she sets them to work.
- Three-ring binders to store everyday notes and pages.
- Pockets to hold scraps of paper and note cards compiled on the fly.
- A quiet place with a door to work every day.
- Three-hole punched notebook paper for stories and notes because the notebook paper allows for shuffling pages during a revision.
- Eventually creating a memoir may require a computer and printer, but for now ...

STEWARDSHIP



Building bunks for Bible camp

The men in the carpentry shop have been busy putting together bunk beds for Shetek Lutheran Ministries. The new bunks will replace the camp's bunks that were made by the Civilian Conservation Corps in 1935.

The men will start out making 10 bunks to see how it goes. They have already completed two prototypes. They are now moving as an assembly line to complete the remaining bunks.

A few of the bunks are made with wood repurposed from the baffles of the Aeolian-Skinner organ that is in the midst of being restored.

In all, 100 bunks are needed. A group from Our Savior's Lutheran Church in Sioux Falls is also working on bunks for the project.



Toby Wellenstein sands the lumber for the bunks.



Jim Berg (left) and Norm Ekeland stand by two of the bunks that have been completed for Shetek Lutheran Ministries.

First Word

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IN THIS ISSUE...

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