



flcsf.org
First Word
The monthly newspaper of First Lutheran Church

Have ear, will travel What is the motion of devotion?

By Pastor Jason Burggraff

Paul writes in Romans 10:17, “So faith comes from what is heard, and what is heard comes through the Word of Christ.” This is truly the motion of devotions—from heaven above to earth below, Christ grasps you and me in our old world. And even though we often incorrectly think of devotions as our work to get closer to God—it is truly Christ who takes a hold of us as we hear his promises.

And so it is that you have been given faith—through nothing other than the Word of Christ you have heard: “You are forgiven. He has come to take your sin away.” So what do you do when that faith feels like it’s lacking ... when all you see around you is snow and cold? Well, then you find a way to hear God’s Word again! Family devotions can be a great way to do this—where you become each other’s preachers, and Jesus says: “Ready or not, *here I come.*” This is motion of devotion.

As a congregation, we’re emphasizing family devotions this year at First Lutheran. And this is for good reason. Hear these words from the Youth and Family Resource Ministry, Faith Inkubators (www.faithink.org):

“You want a great relationship with your kids? You want openness, honesty, caring and sharing in your family? You want to raise a child to be a strong, thoughtful, empathetic, positive, healthy adult out in the world some day? You can’t buy that. You have to invest in it. And the investment is

the most expensive currency you own—your time—aimed at that most precious young person in your life.

“Kids spell love T-I-M-E. Be intentional. Be consistent. Be caring. Be the parent. Every night. Every home.

“No one else can do that for you.”

I think highly of the work Faith Inkubators is doing, and they’re right—the family is one of the most significant places where the freeing Gospel of Christ is preached or passed on from spouse to spouse, from parents to children, and also from children to parents. We’re hoping to encourage this in your home this year, and always, and we’re calling it: Devotion Motion.

There are a number of staff members at First Lutheran who want to help and encourage you to venture out into the practice of reading scripture and praying together as a family.

devotion
 motion

Contact Nancy Henrichsen if you’d like to get involved at 339-1983, ext. 45, or nancyh@flcsf.org.

Check out the following resources:

- www.flcsf.org/resources
- Back of the bulletin
- *Christ in Our Home* is available in publication racks around the church
- Devotional display in the First Lutheran Church Library
- Bible bookmarks on bulletin boards in the atrium and outside Nancy’s office by the library
- Luther’s Small Catechism

Check out all of the resources available to you and sign up to be a part of the Devotion Motion. Contact Nancy Henrichsen at 339-1983, ext. 45, or nancyh@flcsf.org for more information.

The word is still love!

Stephen Ministers ready to listen

By Pastor Barbara Wangsness

From St. Stephen to St. Valentine to our Stephen Ministries program today at First Lutheran—the theme is still love!

In about 36 A.D. a young man named Stephen was appointed as one of seven deacons to care for elderly women, widows and orphans (Acts 6). His sharing about God’s great love, shown through Jesus, the Christ, eventually led to his martyrdom, in part because of a disagreement on God’s love!

In about 270 A.D. another follower of Jesus, a priest in Rome by the name of Valentine, was also martyred for his stance on love—this time on human love—for marrying young couples against the wishes of an emperor, Claudius II. Legends vary on how his name became connected with romance, but even today Valentine’s Day is celebrated as a day of special sentiment.

Fast forwarding to today brings us a unique combination of the two: mainly “the love of God, through Jesus, lived out—in, with, through and among—other human relationships.” Since 1975 A.D. a special caring ministry, called Stephen Ministry, has aligned trained congregational members with others who are being challenged by one of life’s many difficult events, attempting to do just that!

In the 35 years since the Stephen Ministry program started, half a million people in 10,000 congregations around the world, in more than 150 Christian denominations, have adopted this program of Lutheran roots.

The founder of Stephen Ministries, Kenneth Haugk (The Lutheran Church-Missouri Synod pastor and clinical psychologist), reminds us



In the 35 years since the Stephen Ministry program started, half a million people in 10,000 congregations around the world, in more than 150 Christian denominations, have adopted this program of Lutheran roots.



God’s Epiphany in Christ: For our winter of discontent

By Pastor John Christopherson

The snow-capped mountains cradled tall, open stands of aspen, all aglow under the fullness of an early February moon. Soon the “swishing” sounds of munchkin snowsuits and a duo of goose-down parkas began to break the still winter’s night. ... A trail was forming in the freshly fallen powder by small but impressive footprints, left by pint-sized Patagonia boots ...

Yes, it was a “winter of mostly content” and Epiphany’s “more” (John 1:5; 10:10)... as our little family was taking an evening stroll out under the big starry night of Bozeman, Mont. Our neighborhood was close to the outskirts of town. And so, as we wandered south, it became dark, very dark—except for the guiding light of the moon. Our little pack of snowsuits and parkas huddled together not only for warmth, but for cautious reasons of living “where the

buffalo roam” and an occasional moose-on-the-loose!

After making a big southerly loop, moving slowly in parabolic fashion toward the foothills of the Rockies, then turning north, we made our way back home. An hour or so later, we turned the final corner of our block. There, a large street lamp shined its big beaming beacon of light down upon our stocking-capped heads—casting long, liquid shadows in the snow.

Our little trinity began to run around—trying to jump on each other’s shadows. A New Revised



Standard Version of the old classic: “Playing Tag.” Suddenly our then 4-year-old, Sarah, experienced the wondrous living symbol of *epi-phany* (“light upon”). “Wow!” she exclaimed. “Look how tall I am when I stand under the light. I feel sooo big!”
 * * *

—continued on page 2

—continued on page 8

MISSION STATEMENT

First Lutheran Church welcomes all people into the community of Jesus Christ, equipping and sending them forth to serve and witness in Jesus' name.

GUIDING PRINCIPLES

We are grounded in the great commandment of Jesus.
(Matthew 22:34–40)

We are grounded in the great commission of Jesus.
(Matthew 28:16–20)

We are committed to welcome and minister to all people.

We are committed to equipping people for ministry.

We are committed to service in our community and world.

We are committed to a ministry of relationship building.

We are committed to our heritage and identity as a reforming church.

We are committed to excellence in broadcast ministry.



WORSHIP SERVICES

SATURDAY (Christ the Victor Chapel)
5 p.m. Vespers with Communion

SUNDAY (Sanctuary)
8:15 a.m. Traditional Worship with Communion
9:45 a.m. Traditional Worship
11:15 a.m. Contemporary Worship
12 p.m. Worship in an African Context (Chapel)

MEDIA MINISTRY BROADCASTS
8:15 a.m. KELO-FM Radio (92.5)
11 a.m. KSFY-13 (Sioux Falls Cable 7), KPRY-4 (Pierre) and KABY-9 (Aberdeen)

First Word

First Word is the monthly newspaper of First Lutheran Church in Sioux Falls, S.D. It is distributed to members of the congregation and others upon request.

If you have material for *First Word*, please contact the editor, Kerrie Vilhauer, or a member of the First Lutheran Church pastoral or program staff (see staff listing on page 3).

Opinions expressed in *First Word* are those of the author and are not necessarily shared by the First Lutheran Church congregation or staff. The editors of *First Word* reserve the right to edit submissions. Responses are welcome.

The deadline for the March issue is Monday, Feb. 7. Please e-mail articles or questions regarding *First Word* to: kvilhauer@flcsf.org. *First Word* is also available online (www.flcsf.org).

For our winter of discontent

—continued from page 1

Recently, I was taking another mid-winter's stroll through a newly-published edition of *The Poetry of Robert Frost* (New York: Henry Holt and Company). As the serendipity of the Spirit would have it, I opened the book to page 303 (literally the heart of this 607-page masterpiece) and my eyes were met by the genius of one of Frost's poems. It's entitled, "Afterflakes." I share it with you now, in this Epiphany Season, because it pictures the wondrous way in which earthly experience points ever heavenward through the questioning of the human spirit: especially for our "winters of discontent" (ala Wm. Shakespeare).

*In the thick of a teeming snowfall
I saw my shadow on the snow.
I turned and looked back up at the sky,
Where we still look to ask the why
Of Everything below.*

*If I shed such a darkness,
If the reason was in me,
That shadow of mine should show in form
Against the shapeless shadow of storm
How swarthy [and powerful] I must be.*

*I turned and looked back upward.
The whole sky was blue;*



*And the thick flakes and floating at a pause
Were but frost knots on an airy gauze,
With the sun shining through.*

* * *

If I'm quiet, I can still hear the little voice in mid-winter's wonder: "Wow! Look how tall I am when I stand under the light. I feel sooo big!"

Friends and family of First Lutheran Church ... in the many moments that our lives can feel rather small and insignificant, may the Light that spirited these words enfold you in the warmth of

a wondrous bene-diction, God's gospel "good-news" word for you. "The Lord bless you and keep you; the LORD make his face SHINE ON YOU and be gracious to you" ... in this Season of Epiphany, and always ... You have God's Word on it: "I am the light of the world," says Jesus (John 8:12; 9:5) In Christ's service,


j.r. christopherson
Senior Pastor

Church Council Highlights: Dec. 18, 2010

The Rev. Marlin Wangsnes, pastor for the St. Dysmas congregation, and Reid Christopherson, the vice president of the St. Dysmas Board, informed the council about the ministry at the South Dakota Penitentiary. Pastor Wangsnes leads worship services on Thursday evenings, which are attended by approximately 60 inmates and 25 visitors, and provides Bible study, counseling, and visitation. One-third of the funding for the ministry is provided by gifts from churches, and two-thirds comes from individuals. A motion was made, seconded and passed to allocate \$40,000 from the "God's Gifts. Our Responsibility." campaign mission and outreach funds to support St. Dysmas,

with one-fifth paid each year for five years starting this year.

Angela Hyde, director of The Community Outreach, an agency that was created 35 years ago to help churches reach out to those in need, described a program begun last year to provide bus passes for those who are looking for work or needing transportation to work. Sixty people per month were helped, 45% of whom were homeless. A motion to allocate \$40,000 from "God's Gifts. Our Responsibility." campaign mission and outreach funds to provide Community Outreach with a five-year transportation subsidy, with one-fifth paid each year for five years, starting this year, was made,

seconded and passed.

A motion to approve a one-year contract with Pursuing the Good Life: Professional Counseling and Consultation Services, LLC, to provide 12 hours per week of individual, couple, family and pre-marital counseling and educational programming for members of First Lutheran Church was made, seconded and passed.

James Moore presented a status report on the pipe organ project. He explained that Sioux Falls Construction has started to work on the organ chamber. The console will be disassembled and shipped to San Francisco in May, and all work will be completed in October.

Lutheran college scholarships available

For many years First Lutheran has been committed to encouraging and supporting its members who attend ELCA colleges. During the 2010–2011 academic year the congregation provided \$100 scholarships to 24 full-time students who were attending Lutheran schools. Generally, this amount is matched by the college.

Students can obtain the scholarship for 2011–2012 by writing a letter indicating their intention to attend a Lutheran college. The letter may be sent by mail to Marnie Dahle Backer at the church or e-mailed to mbacker@flcsf.org.

College freshmen, sophomores, and juniors who have previously received scholarships are asked to re-apply. High school seniors should submit their request for all Lutheran colleges

Those attending Lutheran colleges can obtain a scholarship for 2011–2012 by writing a letter indicating their school intentions and sending it to:

Marnie Dahle Backer, c/o FLC

Email: mbacker@flcsf.org

Mail: First Lutheran Church, 327 S. Dakota Ave., SF, SD 57104

Letters are due by
Tuesday, Feb. 15

that they are considering attending. In order to meet the colleges' financial aid requirements, letters should be submitted to First Lutheran by Tuesday, Feb. 15.

Scripture lessons

Feb. 6: Isaiah 58:1–9a [9b–12]; Psalm 112:1–9 [10]; 1 Corinthians 2:1–12 [13–16]; Matthew 5:13–20

Feb. 13: Deuteronomy 30:15–20; Psalm 119:1–8; 1 Corinthians 3:1–9; Matthew 5:21–37

Feb. 20: Leviticus 19:1–2, 9–18; Psalm 119:33–40; 1 Corinthians 3:10–11, 16–23; Matthew 5:38–48

Feb. 27: Isaiah 49:8–16a; Psalm 131; 1 Corinthians 4:1–5; Matthew 6:24–34



Fit the lectionary above into your Devotion Motion routine in the new year. Check out the back of the bulletin for a guide.

ADULT DISCIPLESHIP



FLCW meeting schedule

The next general meeting will be on Thursday, Feb. 3, at noon in the Gathering Room. Parish Nurse Paula Bartels will speak on wellness and the Parish Nurse Ministry at First Lutheran Church.



The FLCW board will meet on Thursday, Feb. 3, in the Friendship Room at 10:30 a.m.

FLC LIBRARY SUGGESTED READING for February



Bertie's War: A Novel
by Barbara Blakey

Young adults and older will find the struggle of the book's main character, Bertie, a jumping point to discussion of the 1960s and dealing with fears and insecurities. A copy is available for checkout in the library.

Adult Forums cover past, present and future

Adult Forums continue in February, covering a mixture of history and things to come. Forums meet at 9:30 and 11 a.m. in the Friendship Room. Refreshments will be served.

Feb. 6—Jill Callison "Thirty Years in Journalism"



Voices columnist Jill Callison is speaking at the Adult Forum on Sunday, Feb. 6.

Jill grew up in Sioux Falls and was graduated from Washington High School and Dakota Wesleyan University in Mitchell. After working for the *Lyon County Reporter* in Rock

Rapids, Iowa, she came to the *Argus Leader*, where she has worked a variety of jobs, including the night shift. She has been the "Voices" columnist for the last 16 years.

Feb. 13—Roe and Pat Eidsness "The Ministry of Missionary Households"

Pat and Roe have recently accepted a call to develop a new congregation, Westside Lutheran Church, on the

northwest side of Sioux Falls. As "mission builders" they are enlisting households to partner together with them to accomplish the task. Both Pat and Roe are well-known in the community. Most recently, Roe was the business manager at Our Savior's Lutheran Church and Pat was a part of the ministry team at Peace Lutheran Church.

Feb. 20—Dr. Lynwood Oyos "The Religion of the Presidents: Calvin Coolidge and Lyndon Johnson"

Dr. Oyos enjoyed a distinguished career as a history professor at Augustana College. He has a number of books to his credit and is now completing a new book on the World War II air base in Sioux Falls. He continues to make history come alive for us in our forums every year. He will give us a glimpse of the religious outlook of two presidents: "Silent Cal" Coolidge and not-so-silent Lyndon Johnson.

Feb. 27—Jeff Gould "The Thirty-Six Year Funeral of Abraham Lincoln"

Jeff is sales manager of Care Group, handling the pre-planning of funerals for George Boom Funeral Home and Miller Funeral Home. From 1985 to 2003 Jeff had a distinguished career on the radio and still hosts

"Christmas Memories" on KELO-FM. He will describe the surprising events that followed President Lincoln's assassination along with the traditions and practices that reverberate through American society to this day.

March 6—Dr. L. Adrien Hannus "Digging for Golden Information"

Dr. Hannus is the director of the archeology laboratory and professor of anthropology at Augustana College. He has worked in the Great Plains region for 40 years and also conducted archeological field projects in Egypt, Mexico and southern France. During the last 10 years, Dr. Hannus and his team have established The Thomsen Center Archeodome at the Mitchell Prehistoric Indian Village site in Mitchell, S.D.



Jeff Gould will speak on "The Thirty-Six Year Funeral of Abraham Lincoln" during the Sunday, Feb. 27, forum.

CHURCH COUNCIL

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James Moore Vice President
Corey Halstenson Treasurer
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Karyn Pederson Adult Discipleship
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Jennifer Gerriets-Masters Outreach
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Norma Hofer FLCW
Julia Kramer Media
John Hegg Worship and Music
Tim Heinemann Property

FIRST LUTHERAN CHURCH DIRECTORY

To reach a staff member directly, dial 339-1983 and the phone extension listed in parentheses.

Pastoral/Administrative Staff

(12) Rev. Dr. John Christopherson Senior Pastor
(17) Rev. Jason Burggraff Associate Pastor
(21) Rev. Natanael Lizarazo Associate Pastor
(19) Rev. Barbara Wangsness Associate Pastor
(1) Rev. James Christopherson* Associate Pastor
(53) Rev. Dave Johnson* Associate Pastor
(11) Rev. LeeRoy Eikanger* Visitation Pastor
(1) Rev. LeRoy Nevin* Visitation Pastor
(11) Rev. M. Franklin Pudas* Visitation Pastor
(26) Marilyn McNeill Church Administrator
(1) Carol Knapp Pastors' Secretary

Youth, Family and Young Adult Ministries

(13) Marnie Dahle Backer Director of Youth Ministries
(34) Debbie Garcia* Administrative Assistant
(45) Nancy Henriksen Director of Children's Ministries
(41) Mara Stillson Associate Director of Youth Ministries
(25) Melody Roberts* Nursery Coordinator/
Children's Ministries Assistant
(40) Irma Rodriguez Leon* Nursery Attendant
(10) Heidi Tooley* Recreational Ministries Coordinator

Financial Services

(18) LaVonne Wolf Financial Specialist

Library

(43) Barbara Siebelts* Library Coordinator

Media Ministries

(15) Kathy Hein* Broadcast Technical Director
(15) Tyler Johnson* Broadcast Technical Director
(20) Heather Kuecker* Media Assistant
(15) David Palmer* Broadcast Technical Director
(15) Kerrie Vilhauer* Communications Coordinator
(15) Joe Ward* Broadcast Technical Director

Outreach Ministries

(36) Linda Carpenter* Visitor/Volunteer Coordinator

Pastoral Care Ministries

(24) Paula Bartels* Parish Nurse
(26) Arlene Bich* Wedding Coordinator
(16) Dr. Mark Britzman* Christian Counselor (consultant)
(26) Sarah Hagenlock* Wedding Coordinator
(26) Sherri Schroden* Wedding Coordinator
(22) Charlotte Peters* Caring Ministry Coordinator

Property and Administrative Services

(29) John Cerwinski Custodian
(29) Jeff Hartnett Custodian
(29) Rob Oswald Facilities Manager
(10) Connie Corey* Receptionist/Member Secretary
(10) Barbara Johnson* Receptionist/Member Secretary
(10) Kristy Zuraff* Receptionist/Member Secretary

Worship and Music Ministries

(35) Shirley Barlow Administrative Assistant
(35) Dorothy Christopherson* Women's Choir Director
(14) Dr. Michael Elsbernd Director of Music Ministry
(35) Dr. Jerry Hanson* Director of Music Emeritus
(35) Marcia Kittelson* Organist Emerita
(35) Gerry Kropp* FLYGHT and Jubilant Singers Accompanist

(35) Bonnie Lindgren* Carol Choir Director
(35) Mary Pottratz* Belle Campana/Agape Ringers Director

(35) Sue Severson* Adult Choir Accompanist
(35) Pam Sonnichsen* Instrumental Coordinator
(35) Hazel Wek* Carol Choir/
Women's Choir Accompanist
(49) Christopher Windle Assistant Director of Music
*Part-time

Main Phone Line: (605) 336-3734

Direct Dial: (605) 339-1983

Toll-Free: (800) 425-9899

Fax: (605) 336-8370

Emergency Cell: (605) 323-7667

Custodian Cell: (605) 351-8281

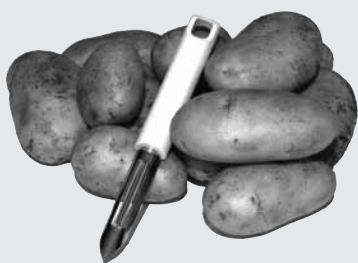
Project Car: (605) 332-2777

Potato peelers, bread bakers and clean-up crew needed for Lenten Soup and Bread Meals

Lenten Soup and Bread Meals will be served again this Lenten season. Volunteers are needed to help cook, clean, bake, set up and more. Are you willing to volunteer? Please contact Linda Carpenter at 339-1983, ext. 36, or at lcarpenter@flcsf.org.

Did you know? The soups require:

- ✓ 250 lbs. potatoes
- ✓ 175 lbs. jumbo carrots
- ✓ 75 lbs. onions
- ✓ 48 bunches of celery
- ✓ 36 gallons of milk
- ✓ 225 loaves of bread
- ✓ 140 lbs. hamburger
- ✓ 60 lbs. chicken
- ✓ 90 lbs. ham



SENIOR MINISTRY LUNCHEON

Tuesday, Feb. 8
Noon
Fellowship Hall



Program:
"What is Court Appointed Special Advocates?"
by Casey Murschel

No reservations needed.
All are welcome

FLCW installs officers, committee and circle chairs



First Lutheran Church Women installed officers and committee and circle chairs at a meeting on Jan. 4, 2011.

Top row left to right is: Pastor Barbara Wangsness, Bev Lamp, Karen Lidel, Phyllis Beukens, Opal Wester Dahl, Lillian Carlson, Doris Nelson, Norma Hofer, Lou Ann Paulson, Mary Simko, Faith Christensen, Nancy Olson, Hazel Wek, Joan Hansen, Gloria Simpson, Carmen Reinholt, Gladys Horsted.

Bottom row left to right is: Jan Boettcher, Jeanne Buren, Linda Braun, Mary Nicolai, Karon Gubbrud, Kathrine Clark, Kiki Hegg.

WEDNESDAY NIGHTS AT FLC



The Friendship Room is full during Pastor Jason Burggraff's Bible study on the Gospel of Matthew.
 ► Bible study participants raise their voice in song to close their time together.



Second-graders prepare for their Confession and Forgiveness Milestone in the sanctuary.




The family of FLC fills Reformation Hall during the Wednesday Night Meal.
 ◀ Volunteers dish up turkey and mashed potatoes.

YOUTH, FAMILY AND YOUNG ADULT MINISTRIES

4:12 Wii Night

Sunday, Feb. 13
5 p.m.
Qdoba will be served
Cost is \$5
Fellowship Hall
Childcare is provided



4:12 is Christian adults in their twenties and thirties experiencing ministries through a balance of fellowship, life-sharing, spiritual growth, and outreach.

Middle School Bowling Night



Friday, Feb. 11
6-9 p.m.
Meet at the church
Cost is \$10
 Please call Mara at 339-1983, ext. 41, to sign up or with any questions.



SHH ... IT'S a SILENT AUCTION!
 Check out the goods and make a winning bid.

GO TO:
 Reformation Hall during **WEDNESDAY NIGHT MEALS** on Feb. 9 and 23
 The Gathering Room during **GENESIS CAFÉ** on Sundays, Feb. 13, 20 and 27
 All proceeds will benefit **MISSION TRIPS AND HIGH SCHOOL SUMMER CAMPS**

President's Day Break

Wednesday, Feb. 16

- No Wednesday Night Meal
- No Confirmation
- No Youth Group
- No High School Bible study
- No FaithWalkers
- No Youth Choirs

OUTREACH MINISTRIES



Baptismal identity and God's mission

By Pastor Natanael Lizarazo

From our baptismal liturgy, we hear these claiming words: "Child of God, you have been sealed by the Holy



Pastor Natanael Lizarazo

Spirit and marked with the cross of Christ forever." Child of God! Beloved sons and daughters of God! As Christians, this is our true identity! Claimed by God in baptism, we are equipped to face the temptations of this world and

fully equipped for healing and servant ministry for the sake of the world!

From a mission outreach perspective, it is important to realize what the well-spring of good works is! Mission outreach that is faithful to our baptismal identity is not just about how good we may feel or how challenged we may be by the needs of the world. Such foundations will not sustain mission outreach in the long haul. Sooner or later our feelings change, our well-spring runs dry, our loyalties are overtaken by compassion fatigue. What makes our Christian lives and our mission outreach a joy rather

than a chore, a sustainable reality rather than a drying well, is deeply anchored in what I call "joyful habits of a vibrant spiritual life." They are the habits God creates through faith active in love, the very habits that flourish as we are nourished by God's sacraments, regular worship, prayer, Bible study, service and immersion in the life-giving rhythms of Christian community. According to Matthew 25, we engage in mission with the least of Jesus' family because in so doing we are serving not only human beings but Jesus himself.

As we move forward into 2011 with the task of ministry and mission entrusted to all of us by God and made possible by the priesthood of all believers, our pastoral invitation to you, our co-workers in the Gospel, is none other than to live each day in our baptismal identity. According to Luther, this is done by dying daily to all that does not honor God and by rising daily with Christ to the life which God alone can make possible for all believers. Though we do not know what each day could bring, we know God is with us! Immanuel! Therefore, our God-given blessing and gift is to be a real community of hope shaped by the work of the Holy Spirit and the ever new promise of the Gospel.

The following two excerpts from an article by The Alban Institute that I recently read reinforce the missional importance of living out our baptismal identity: "Baptismal ministry is discipleship where all baptized share in Christ's identity and mission as the priesthood of all believers. Through baptism each person receives gifts for ministry through the Holy Spirit—gifts to be embraced and lived out in the church and in the world. Baptismal ministry maintains that the calling of each person is of equal worth and essential for the fullness of mission—that is, to restore all people to unity with God. Baptismal ministry maintains that

"Our pastoral invitation to you, our co-workers in the Gospel, is none other than to live each day in our baptismal identity. According to Luther, this is done by dying daily to all that does not honor God and by rising daily with Christ to the life which God alone can make possible for all believers."

Campaign gifts change lives

As part of the "God's Gifts. Our Responsibility." campaign, The Community Outreach and St. Dymas of South Dakota have been approved to receive \$40,000 over a five-year period. The checks were recently presented to both organizations. With joyful thanksgiving, the family of FLC shares its God-given daily bread with those who need it.



Pastor John Christopherson presents a check to Sean Salyer of The Community Outreach while Pastors Natanael Lizarazo, Jason Burggraff and Barbara Wangsness look on.



Board for Outreach Ministries Chair Jennifer Gerrietts-Masters hands a check to Pastor Marlin Wangsness of St. Dymas. Also pictured are (left to right) Pastor Natanael Lizarazo, Marilyn McNeill, Charlotte Peters and Pastor John Christopherson.

the local community is the primary context for formation, ministry, and mission."

"Participation in the Christian community and ministry in the wider world is integral to baptismal living. The way we worship on Sundays should embody who we are the rest of the time. It is not a time apart, separate from the rest of life. Rather it is a time that reflects, inspires, nourishes, and empowers us for the rest of life. Early Christian communities of the baptized were creative in accommodating movement and change. We cannot do less today if we wish not only to

survive but also to thrive in challenging settings."

My friends, as you will read in this issue of *First Word*, we are indeed blessed by God in many ways! In grateful response and flowing from the well-spring of worship, discipleship, prayer, Bible studies, teaching ministries, service and Christian fellowship, we celebrate the ever new chapters of mission outreach which God continues to make possible for the world both near and far! It all happens thanks to the joyful and generous stewardship of our Christian lives!

Thanks to God!

WORSHIP AND MUSIC



Ministry of the Month



The ministry featured for this month's special offering envelope is Habitat for Humanity. Habitat is a non-profit Christian housing ministry that builds houses in partnership with people in need and seeks to build lives as well. Through the houses that are built, hope is restored and lives are changed as the cycle of need is broken. Learn more at www.siuouxfalls Habitat.org. Give to Habitat by using the special envelope or making a notation on the memo line of your check.

CELEBRATING WITH SPIRITUALS

**SUNDAY, MARCH 6
11:15 A.M.
WORSHIP**

The Women's Choir will be singing several African spirituals. All are welcome to attend this unique worship hour!



Music Notes

Sing Out, Ring Out

Sunday, Feb. 13, the Women's Choir and Agape Ringers will be at Brandon Lutheran Church to participate in their 8:45 a.m. morning worship service. Each year these two musical groups travel to another congregation outside of Sioux Falls to assist in their worship.

Ninepatch moving on

After more than 20 years of leading the 11:15 a.m.

contemporary worship service, Ninepatch is disbanding. We give thanks to God for their devoted musical leadership.

Sunday, March 16, will be their final time leading worship.

Look for an article in the next *First Word*.



First Lutheran Church Calendar—February 2011



Tuesday, February 1

9:00 AM Worship Planning TR
1:30 PM Youth & Family Staff Meeting PMR
4:30 PM Piano Class PL
6:00 PM Stephen Ministers FrR/FrK
6:30 PM Agape Ringers Rehearsal HR/S
7:00 PM Gustavus Adolphus Fin Mtg GR GRK

Wednesday, February 2

8:45 AM Faithfully Fit Forever PR
9:00 AM Quilting QSC
10:00 AM Organ Practice S
10:00 AM Bible Study with the Pastors GR/GRK
11:00 AM Wednesday Night Meal Set-up RH/RHK
12:00 PM Eat Well Live Well Love God PMR
1:30 PM Pastors Meetings TR
4:30 PM Good Vibrations Rehearsal HR
4:30 PM Piano Class PL
5:00 PM Wednesday Night Meal RH/RHK
5:15 PM Piano Class PL
5:30 PM Jubilant Singers Rehearsal CR
5:30 PM Belle Campana Rehearsal HR
5:30 PM Kindermusik MR1
6:15 PM Women's Choir Rehearsal S
6:30 PM FLYGHT Rehearsal CR
6:30 PM 6th Grade Pulse GR/GRK/LL/LFT
6:30 PM 7th Grade Confirmation FH
6:30 PM 8th Gr Confirmation D
6:30 PM FaithWalkers C/UR/PR
6:30 PM Jesus the One and Only by Beth Moore Md
6:30 PM Study on Matthew FrR
7:20 PM Wed. Night Worship RH
7:30 PM High School Bible Study D
7:35 PM Adult Choir Rehearsals CR/FrR/S
8:00 PM High School Youth Group MdC/D/RH/RHK/SS

Thursday, February 3

7:30 AM Men's Bible Study GR/GRK
9:00 AM Staff Meeting FR
10:00 AM Visitation Pastors TR
10:30 AM FLCW Board Meeting FR
12:00 PM WELCA General Meeting & Lunch GR/GRK
12:00 PM Study on Matthew FrR
3:30 PM Augie Choir Rehearsal S
4:30 PM Piano Class PL
5:30 PM Kindermusik MR1
7:00 PM Pre-Baptism Class GR

Friday, February 4

8:00 AM Bulletin Volunteers QSC
9:40 AM Senior Ministry Board Meeting TR
Saturday, February 5
10:15 AM Carol Choir Rehearsal CR S FrR
10:15 AM Open Gym RH
10:15 AM The Inheritance Study by Beth Moore TR
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C
5:30 PM Blue & Gold Banquet FH/ FHK

Sunday, February 6

8:15 AM Traditional Worship S
8:15 AM Girl Scout Cookie Sales W
8:30 AM Genesis Cafe GR/GRK
8:55 AM Study on Matthew FH
9:15 AM Hy-Vee Grocery Card Sales W
9:30 AM Adult Forum FrR
9:45 AM FaithWalkers C/RH/PR/UR
9:45 AM Traditional Worship S
11:00 AM Adult Forum FrR
11:15 AM FaithWalkers C/RH/PR/UR
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
12:30 PM Basketball Practice (AL) RH
2:00 PM Augie Home Concert S CR
2:30 PM Basketball (GR) RH
3:00 PM Counseling PR

Monday, February 7

9:00 AM Sewing QSC
9:30 AM Kindermusik MR1
10:30 AM Organ Practice S
1:15 PM Kindermusik MR1
3:45 PM Piano Class PL
4:30 PM Kindermusik MR1
4:30 PM Piano Class PL

6:00 PM TOPS Weigh-In & Meeting PMR

Tuesday, February 8

9:00 AM Worship Planning TR
12:00 PM Senior LuncheonFH/FHK
1:30 PM Youth & Family Staff Meeting PMR
4:30 PM Piano Class PL
6:30 PM Adult Discipleship Board TR
6:30 PM Agape Ringers Rehearsal HR/S

Wednesday, February 9

8:45 AM Faithfully Fit Forever PR
9:00 AM Quilting QSC
10:00 AM Organ Practice S
10:00 AM Bible Study with the Pastors GR/GRK
11:00 AM Wednesday Night Meal Set-up RH/RHK
12:00 PM Eat Well Live Well Love God PMR
1:30 PM Pastors Meetings TR
4:30 PM Good Vibrations Rehearsal HR
4:30 PM Piano Class PL
5:00 PM Wednesday Night Meal RH/RHK
5:15 PM Piano Class PL
5:30 PM Jubilant Singers Rehearsal CR
5:30 PM Belle Campana Rehearsal HR
5:30 PM Kindermusik MR1
6:15 PM Women's Choir Rehearsal S
6:30 PM FLYGHT Rehearsal CR
6:30 PM 6th Grade Pulse GR/GRK/D/LL/LFT
6:30 PM 7th Grade Confirmation FH
6:30 PM 8th Gr Confirmation D
6:30 PM FaithWalkers C/UR/PR
6:30 PM Jesus the One and Only by Beth Moore Md
6:30 PM Study on Matthew FrR
7:20 PM Wed Night Worship RH
7:30 PM High School Bible Study D
7:35 PM Adult Choir Rehearsals CR/FrR/S
8:00 PM High School Youth Group MdC/D/RH/RHK/SS

Thursday, February 10

7:30 AM Men's Bible Study GR/GRK
9:00 AM Staff Meeting FR
12:00 PM Study on Matthew FrR
12:00 PM Project Car Steering Comm TR
4:30 PM Piano Class PL
5:30 PM Kindermusik MR1
5:30 PM Board for Media Ministry TR
6:00 PM Holistic Health Cabinet PMR
6:00 PM Board for Outreach FrR

Friday, February 11

8:00 AM Bulletin Volunteers QSC
6:00 PM Middle School Bowling off site-Ten Pin
Saturday, February 12
9:30 AM De-stigmatizing Mental Illness PR
10:15 AM Carol Choir Rehearsal CR S FrR
10:15 AM Open Gym RH
10:15 AM The Inheritance Study by Beth Moore TR
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C

Sunday, February 13

8:00 AM Silent Auction L
8:15 AM Traditional Worship S
8:30 AM Discovery Class RH/ RHK
8:30 AM Genesis Cafe GR/GRK
8:55 AM Study on Matthew FH
9:15 AM Hy-Vee Grocery Card Sales W
9:15 AM Equal Exchange Coffee WCD
9:30 AM Adult Forum FrR
9:45 AM FaithWalkers C/RH/PR/UR
9:45 AM Traditional Worship S
10:45 AM Freshman Ch.Visit Assembly of God
11:00 AM Adult Forum FrR
11:15 AM FaithWalkers C/RH/PR/UR
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
12:30 PM Adult Leader Lunch/Meeting PMR
12:30 PM Basketball Practice (AL) RH
3:00 PM Counseling PR
4:00 PM Set-up 8 Great Dates GR/GRK/FrR
5:00 PM 4:12 Wii NightFH/DMdC/N/RH/Loft/RHK
5:00 PM 8 Great Dates GR/GRK/ FrR/ RH/N

Monday, February 14

9:00 AM Sewing QSC
9:30 AM Kindermusik MR1
10:30 AM Organ Practice S
1:15 PM Kindermusik MR1
3:45 PM Piano Class PL
4:30 PM Kindermusik MR1

4:30 PM Piano Class PL

6:00 PM TOPS Weigh-In & Meeting PMR
6:45 PM Cub Scout Pack 153 D/RH

Tuesday, February 15

9:00 AM Worship Planning TR
1:30 PM Youth & Family Staff Meeting PMR
4:30 PM Piano Class PL
5:00 PM Youth & Family Board Meeting PMR
6:00 PM Board of Pastoral Care L
6:00 PM Board of Outreach TR
6:00 PM Stephen Ministries FrR/FrRK
6:30 PM Agape Ringers Rehearsal HR/S

Wednesday, February 16

8:45 AM Faithfully Fit Forever PR
9:00 AM Quilting QSC
10:00 AM Organ Practice S
10:00 AM Bible Study with the Pastors GR/GRK
12:00 PM Eat Well Live Well Love God PMR
1:30 PM Pastors Meetings TR
5:30 PM Kindermusik MR1
6:15 PM Women's Choir Rehearsal S
6:30 PM Jesus the One and Only by Beth Moore Md
6:30 PM Study on Matthew FrR
7:35 PM Adult Choir Rehearsals CR/FrR/S

Thursday, February 17

7:30 AM Men's Bible Study GR/GRK
9:00 AM Staff Meeting FR
9:00 AM Basketball Practice (AI) RH
9:30 AM Lydia Circle TR
12:00 PM Study on Matthew FrR
1:00 PM Martha Circle GR/GRK
5:30 PM Kindermusik MR1
7:00 PM Hannah Circle GR/GRK

Friday, February 18

8:00 AM Bulletin Volunteers QSC
5:30 PM Headrick/Burns Wedding C
6:00 PM 4th/5th Grade Activity Night GR/GRK/RH/

Saturday, February 19

10:15 AM Carol Choir Rehearsal CR S FrR
10:15 AM Open Gym RH
10:15 AM The Inheritance Study by Beth Moore TR
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C

Sunday, February 20

8:00 AM Silent Auction L
8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
8:55 AM Study on Matthew FH
9:15 AM Hy-Vee Grocery Card Sales W
9:30 AM Adult Forum FrR
9:45 AM FaithWalkers C/RH/PR/UR
9:45 AM Traditional Worship S
11:00 AM Adult Forum FrR
11:15 AM FaithWalkers C/RH/PR/UR
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
12:30 PM Basketball Practice (AL) RH
3:00 PM Counseling PR

Monday, February 21

9:30 AM Kindermusik MR1
1:15 PM Kindermusik MR1
4:30 PM Kindermusik MR1
6:00 PM TOPS Weigh-In & Meeting PMR

Tuesday, February 22

8:30 AM Foot Clinic PMR
9:00 AM Worship Planning TR
4:30 PM Piano Class PL
5:00 PM Stewardship Board Meeting TR
6:00 PM Poetry Group L/Gr/GRK
6:30 PM Agape Ringers Rehearsal HR/S

Wednesday, February 23

8:45 AM Faithfully Fit Forever PR
9:00 AM Quilting QSC
10:00 AM Organ Practice S
10:00 AM Bible Study with the Pastors GR/GRK
11:00 AM Wednesday Night Meal Set-up RH/RHK
12:00 PM Eat Well Live Well Love God PMR
1:30 PM Pastors Meetings TR
4:30 PM Good Vibrations Rehearsal HR
4:30 PM Piano Class PL
5:00 PM Silent Auction RH**
5:00 PM Wednesday Night Meal RH/RHK
5:15 PM Piano Class PL
5:30 PM Jubilant Singers Rehearsal CR

Wednesday Night

Meal Menu

5–6:15 p.m. • \$3.50/person

Feb. 2: Chicken and cheesy hash browns

Feb. 9: Ham and au gratin potatoes

Feb. 16: No meal

Feb. 23: Lasagna and tossed salad

March 2: Turkey and mashed potatoes

5:30 PM Belle Campana Rehearsal HR
5:30 PM Kindermusik MR1
6:15 PM Women's Choir Rehearsal S
6:30 PM FLYGHT Rehearsal CR
6:30 PM 6th Grade Pulse GR/GRK/LL/LFT
6:30 PM 7th Grade Confirmation FH
6:30 PM 8th Gr Confirmation D
6:30 PM FaithWalkers C/UR/PR
6:30 PM Jesus the One and Only by Beth Moore Md
6:30 PM Study on Matthew FrR
7:20 PM Wed Night Worship RH
7:30 PM High School Bible Study D
7:35 PM Adult Choir Rehearsals CR/FrR/S
8:00 PM High School Youth Group MdC/D/RH/RHK/SS

Thursday, February 24

7:30 AM Men's Bible Study GR/GRK
9:00 AM Staff Meeting FR
12:00 PM Study on Matthew FrR
4:30 PM Piano Class PL
5:00 PM Church Council FH
5:30 PM Kindermusik MR1

Friday, February 25

8:00 AM Bulletin Volunteers QSC

Saturday, February 26

10:15 AM Carol Choir S FrR CR
10:15 AM Open Gym RH
10:15 AM The Inheritance Study by Beth Moore TR
12:00 PM Violin Lessons FrR
2:00 PM NAMI Connections Support GroupPMR
5:00 PM Vespers C

Sunday, February 27

8:00 AM Silent Auction L
8:15 AM Traditional Worship S
8:30 AM Genesis Cafe GR/GRK
8:55 AM Study on Matthew FH
9:15 AM Hy-Vee Grocery Card Sales W
9:30 AM Adult Forum FrR
9:45 AM FaithWalkers C/PR/UR
9:45 AM Traditional Worship S
11:00 AM Adult Forum FrR
11:15 AM FaithWalkers C/PR/UR
11:15 AM Contemporary Worship S
12:16 PM Worship in African Context C
3:00 PM Counseling PR
4:00 PM Set-up 8 Great Dates GR/GRK/FrR
5:00 PM 8 Great Dates GR/GRK/FrR/RH/N
6:00 PM 9th Gr Shepherd Meeting D
6:30 PM 9th Gr. Confirmation FrR/RH/RHK/D2/4/5

Monday, February 28

9:00 AM Sewing QSC
9:30 AM Kindermusik MR1
10:30 AM Organ Practice S
1:15 PM Kindermusik MR1
3:45 PM Piano Class PL
4:00 PM Basketball (AL) RH
4:30 PM Kindermusik MR1
4:30 PM Piano Class PL
5:00 PM Property Board TR
6:00 PM Girl Scout Troop UR
6:00 PM TOPS Weigh-In & Meeting PMR
6:45 PM Cub Scouts Pack 153 D/FrR

Life Transitions through December

Births

"May the Lord give you increase, both you and your children." (Psalm 114:15)

- Taylin Noelle Mohr, daughter of Scott and Jenia Mohr, born on Dec. 14, 2010.
- Madeline Elise Dowling, daughter of Megan Dowling, born on Dec. 15, 2010.

Baptisms

"Go ... make disciples ... baptizing them in the name of the Father, Son and Holy Spirit." (Matthew 28:19)

- Olivia Lorraine Munson, daughter of John and Caroline Munson
- Nicholas Koly Bradfelt-Onivogui, son of Georges Onivogui and Erin Bradfeldt

Weddings

"So they are no longer two, but one flesh. What therefore God has joined together, let no one put asunder." (Matthew 19:6)

- Jyssa Mitchell & Derik Laddusaw
- Paige Wilbur & Matthew Bock

Deaths

"Death is swallowed up in victory... thanks be to God, who gives us the victory through our Lord Jesus Christ." (1 Cor. 15:57)

- Viola Smith
- Doris Anderson
- Fred Kieffer

FINANCIAL SERVICES



Gifts and memorials from December 2010

Thank you to our generous donors who have shared many thoughts, prayers and financial gifts with the ministries of First Lutheran Church. We are blessed by the support of the following people...

Gifts to the Foundation in memory of

Joe Cerwinske: Dorothy Grevlos
Leo Roti: Rick & Tammy Otten
Vi Smith: Kay Hegler; Pastor Dave & Glenice Johnson; Ruth Johnson

Gifts to "God's Gifts. Our Responsibility." campaign in memory of

Edward Skrabuha: Fern Skrabuha
Muriel Ekeland: Vance & Sherry Goldammer
Morrie Magnuson: Vance & Sherry Goldammer
Marciene Matthius: Vance & Sherry Goldammer
Les Scherschligt: Vance & Sherry Goldammer

Gifts to Caring Ministry in memory of

Robert Groen: Don & Iola Nelson
Lyle Jensen: Don & Iola Nelson
Verna Roland: Don & Iola Nelson
Doug Williams: Don & Iola Nelson
Bernice Weillager: Don & Iola Nelson

Gift to Ida Bergeland Fund in honor of

Bill & Nancy Olson's 50th wedding anniversary: Barb Peterson

Gift to Feeding South Dakota food pantry in memory of

LaVonne McElroy: Curtis & Cathy Paulson

Gift to quilters in memory of

Muriel Ekeland: Richard & Mary Victor

Gifts to Media Ministry in honor of

Edith Magnuson's birthday: Carl & Janet Naessig; Barb Peterson
Hazel Wek: First Lutheran Church Women

Norma Hofer & Mary Simko: First Lutheran Church Women
Carmen Reinholt & Trudy Peckham: Dorcas Circle Members

Gifts to Media Ministry in memory of

Doris Anderson: FLCW; Barb Matson
Adrian Berg: Larry & Marilyn Anderson; Jim & Elaine Berg; Greg, Mary, Amanda and Derek Berg; Doug, Sarah and Annalise Berg; Sandra Pedersen
Larry Clauson: Marvin Nelson
Lyle Jensen: Jean Osthus
Fred Kieffer: Barb Matson
Mary Lyng: Robert & Betty Johnson
Morrie Magnuson: Robert & Marilyn Ode; Vernelle Swanson
Charles Osthus: Roger & Betty Wolff
Verna Roland: FLCW; Dorothy Grevlos; Barb Matson
Leo Roti: Alta Roti
Vi Smith: Orrin & Karen Anderson; Larry & Marilyn Anderson; Shirley Ashworth; John & Sherry Barkley; Mary Barkley; Gary & Shirley Barlow; Lois Boyce; Gladys Bredeson; Paul & Julie Bruflat; Gerald & Patricia Bruget; Lillian Carlson; Pastor Jim & Dorothy Christopherson; Darlene Colwill; Warren & Phyllis Day; Bob & Margaret Doescher; Gary & Sandy Earl; Lyle & Jean Eidsness; Jean Ellwein; Eleanor Emmel; Gerald & Barb Entringer; Ron & Jan Erkes; James & Sandra Fink; FLCW; Judy Gaalswyk; Mary Ann Hallberg; Mrs. Marvin Halstenson; Durwin & Carol Hermanson; Mary Ann Hohman; Gladys Holliday; Burt & Gladys Horsted; Cynthia Johnson; Betty O. Johnson; Ken & Lila Kessinger; Emil & Carol Knapp; Laurel Knudson; Karen Lidel; Hilma Loftesness; Shirley Magnuson; Ed & Eunice Mansfield; Barb Matson; Jeanette McConnell; Lyle & Gloria McKichan; Bob & Glennys Meerdink; Carl & Janet Naessig; Gayle Nourse & Paula Nourse; Howard & Lou Ann Paulson; Sandra Pedersen; LaMoyno & Karyn Pederson; Glen & Irene Peterson;

Viola Peterson; Eunice Quamen; Beatrice Reyelts; Lottie Rollag; Donald & Harriet Scott; Ralph & Hazel Scoular; Don Seten; Eric & Sue Severson; John & Mary Simko; Robert & Susan Simons; Mike & Gloria Simpson; Todd Smith & Nancy Henrichsen family; Dave & Judy Van Veldhuizen; Bruce & Kristi Wallin; Eileen Ward; Ruth Werner; Bill & Opal Westerdahl; Tim & Evelyn Wilkinson; Paul & Donna Willadsen; Bev Winter
Mark Zimmel: Larry & Marilyn Anderson

Gifts to Youth & Family Ministry in memory of

Doris Anderson: Betty Pfeifle
Verna Roland: Eunice Quamen; Beatrice Reyelts

Gift to missions in memory of

Vi Smith: Kirke & Dorothy Wheeler

Gifts to Music Department in memory of

Joe Cerwinske: Roger & Bev Lamp
Craig Thompson: Marilyn Brose; Friends; Irene Lund; Gary Lund; Lloyd & Mavis Overgaard; Howard & Lou Ann Paulson; Thomas & Patricia Price; Betty Rasmussen
Vi Smith: Arlene Gould

Gift to Music Department in honor of

Adult Choir: Marvin Widmann

Gifts to Organ Fund in memory of

Marciene Matthius: Carol Daly; Friends; Steven & Gloriann Kueter; Marianne Larsen; John & Ilona Stadheim; John & Deborah Vanderwoude; Carol Wood

Gift to Parish Nurse Ministry in memory of

Vi Smith: Paul & Karen Van Bockern

Gift to Project Car in memory of

Vi Smith: Lowell & Paula Bartels; James & Elaine Berg; Jan Boettcher; Robert

Financial update December 2010

Worship Attendance	
December 2010	4,394
Total Revenues	
2010 Actual	\$1,899,366
2009 Actual	\$1,897,773
Total Expenses	
2010 Actual	\$1,866,979
2009 Actual	\$2,119,214
Notes Payable	
Bank Loan - Capital	\$1,019,086
Contract For Deed	
Ideal	\$613,519
"God's Gifts. Our Responsibility." Income	
Through December 2010	\$1,757,027

Boyce; Linda Braun; Richard & Glenna Burns; Doug & Ellen Campbell; Charles & Judith Care; Jim & DeAnn Clark; Mike & Mary Lou Collins; Norm Ekeland; Don & Judy Erickson; Tim & Kristin Fox; Barney & Bea Friesth; Mrs. Marvin Halstenson; Frank & Joan Hansen; Kate Heligas; Jeff & Sarah Herbert; Orville & Ardis Hill; Mark & Martha Hofer; Sandra Holleman; Steve Johnson; David & Janet Johnson; Glenn & Donna Johnson; Audrey Jones; Thomas & Lorna Kilian; Roger & Bev Lamp; Erika Lehmann; Dennis & Jennifer Leslie; Edith Magnuson; Ed & Euncie Mansfield; John & Bonnie Martin; Robert Mathiesen; Marilyn McNeill; Herb & Dorothy Mikkelsen; Joel & Linda Nelson; Arthur & Ruth Olsen; Dick and Jolene Petersen; Iona Powers; Carol Riddlesperger; Eileen Quanbeck; Opal Rogness; Lester & Kathaleen Ross; Rev. Paul & Lorna Sanders; DC & GE Selberg; Dexter & Violet Shultz; Elmer Sorensen; Lloyd & Dorothy Stivers; Bob & Ellen Tabbert; Don & Florence Toft; Frances Vanderbush; James & Violet Wehde; Irene Weiland; Barbara White

MEDIA MINISTRIES



December and January broadcast sponsors

First Lutheran Church's worship can be seen every Sunday at 11 a.m. on KSFY-13, KPRY-4 and KABY-9 in Eastern South Dakota, Southwest Minnesota, Northwest Iowa and Northeast Nebraska. A live radio broadcast of worship can be heard each Sunday at 8:15 a.m. on KELO-FM, 92.5.

KELO broadcast sponsored:

Dec. 12: In memory of Bertha Reitz by family and friends.
Dec. 19: By Bob & Glennys Meerdink.
Dec. 26: In loving memory of Keith Ellwein, whose birthday would have been Dec. 27, by his family and friends through the earnings of gifts to the Media Ministry Fund.
Jan. 2: In loving memory of Betty Martinek, whose 81st birthday would have been on the Jan. 10, and in honor of Carl and Craig Martinek, who celebrated their birthday on Jan. 17, by Leonard Martinek.
Jan. 9: In loving memory of Samantha Kramer, made possible by earnings from a gift by family and friends to the First Lutheran Church Foundation.
Jan. 16: By Bill and Opal Westerdahl in celebration of their 60th wedding anniversary which was Jan. 13.
Jan. 23: In memory of Cora Boneff through earnings from a bequest she

made to the First Lutheran Church Foundation.

Jan. 30: In loving memory of Helen Hay, whose birthday would have been on Feb. 2, by her family.

KSFY telecast sponsored:

Dec. 5: In memory of Jill McCormick and Verlyn and Corinne Petersen by Linda Gores and Brian and Denise Aamlid and family.
Dec. 12: By Judy Jasper in memory of her parents, Jack and Mabel Jasper.
Dec. 19: In loving memory of Orville and Sadie Doescher, James and Evelyn Williams, Leon and Earl Doescher by Bob and Margaret Doescher.
Dec. 24: By Bob and Glennys Meerdink in celebration of Christ's birth.
Dec. 25: The re-broadcast of the Christmas Eve service on KTTW-Fox on Christmas morning was fully sponsored by Roger Haugo in loving memory of his

wife, Sandra, and his parents, Erling and Clara Haugo.

Dec. 26: By the First Lutheran Church Women as a tribute to the pastors and staff of First Lutheran.

Jan. 2: In memory of Jeffrey Willadsen by his family.

Jan. 23: In honor of their mother, Emma Spitzer's 94th birthday on Jan. 23, by Elaine and Ella Spitzer.

Jan. 30: In memory of Lyle McLeod, whose birthday would have been Jan. 23, by family and friends.

Closed captioning sponsored:

Dec. 12: By Judy Jasper in memory of her parents, Jack and Mabel Jasper.

Gifts and memorials

Un-sponsored dates are made possible in part through gifts and memorials to First Lutheran Church Media Ministry. All donations make a difference. Thank you for your support.

Sponsorships available

To sponsor a broadcast or closed captioning, call LaVonne Wolf at 339-1983, ext. 18.

Closed captioning sponsorships available

Closed captioning is a system that allows viewers to read what is being said during a television program. The FLC worship service broadcast uses this technology.

You can help offset the cost of closed captioning through a sponsorship. As with radio and TV sponsorships, closed captioning sponsorships will be recognized in the bulletin, on air and in the *First Word*. For information on available dates, contact LaVonne Wolf at 339-1983, ext. 18.

PASTORAL CARE MINISTRIES



CPR saves lives: Take advantage of a free CPR class

By Paula Bartels, Parish Nurse

It was a typical day for the Klemmes, until 17-year-old Sadie heard a loud thud in the living room. She found her dad collapsed on the floor. Grabbing her phone, she called 911 and followed directions from the operator, turning her dad over on his back and beginning chest compressions. She continued until paramedics arrived.

LeAnne, Kevin's wife says, "I had been outside on the deck planting plants. I thought the ambulance and fire



Paula Bartels

trucks had come to help someone in the restaurant that was in our building. I noticed a missed call from Sadie. I then knew it was Kevin.

"As they were leaving the door of the building I kept praying over and over, 'Dear God, thank you and please help.' I said 'thank you' because Sadie was there, and 'help' for him to help us now.

"A paramedic later said to me, 'Your daughter saved his life today,' and another said, 'She is your hero.'"

Sadie was not formally trained in CPR, but she has since received training. LeAnne has been certified for years.

"It truly is simple and easy to learn. We all pray that we don't need to use it, but it is such a valuable life giving skill

to learn." LeAnne says. "Imagine ... something so simple is the difference. You could save a life. I am well aware that some say it is the difference between life and death. But truly, it is the difference between life or 'life.' And that is our promise from God."

CPR and AED training coming up

When we think of the month of February, hearts often come to mind. After reading the story above, perhaps this month you'd like to consider doing something for someone else's heart.

A free class on CPR and how to use an automated external defibrillator (AED) is offered on the second Thursday of the month by the Sioux Falls Fire Department. The next class will be Thursday, Feb. 10, at 6:30 p.m. at South Dakota Achieve (4100 S. Western Ave). Kelly Grogan is the instructor. He has done several CPR classes at First Lutheran. You will find him a very entertaining and excellent teacher. To register, call the Fire Department at 367-8093. Class size is limited. The class is usually two hours, depending on the size of the group. On completion, you will receive an American Heart Association certification card.

The parish nurse ministry has a CPR anytime kit which can be checked out by contacting me. It is designed to teach basic CPR using a DVD and a manikin, which you can do in your own home.

CPR is often performed on a family member or someone you know. You may

think you don't have time to learn CPR, and that it would never happen in your family. William Howard Taft said, "Too many people don't care what happens as long as it doesn't happen to them."

When Jesus was asked what was the most important commandment he answered in Mark 12:29-31. "The most important one," answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."

Could learning CPR be a way of loving our neighbor?

The Great Physician comforts us

Perhaps you are going through a difficult time in your life and your heart is hurting. Sometimes, "You will be wounded so that in the binding up of your wounds by the Great Physician, you may learn how to render first aid to the wounded everywhere. ... You will tell them how you suffered and were comforted. As the story unfolds,



The Klemme family knows firsthand the importance of being trained in CPR. Sadie took action when she found her dad, Kevin, in the midst of a medical emergency. Pictured (left to right) is Sadie, Kevin, LeAnne and Andrew Klemme.

God will apply the anesthetic he once used on you to them." (*Streams in the Desert*) God comforts us not to make us comfortable but to make us comforters (John Henry Jowett).

You're welcome to walk at FLC

We need to take care of our temple in body, mind and spirit, so we can love the Lord well! Walking is a great way to take care of your temple! It's great for your heart and perhaps even for your brain. A University of Pittsburgh study found walking six miles a week may help prevent brain shrinkage, and possibly dementia, as you age. Remember you're always welcome to walk at First Lutheran. Take the Church Walker path five times and you will have walked a mile, or pick your own route. It's warm inside and you might meet some friendly faces along the way!

Healthy Feet Community Foot Care Clinic



Tuesday, Feb. 22
8:30 a.m.-3:10 p.m.
Parish Meeting Room

Appointments
necessary. Call
336-3734.
Cost is \$25.

Faithfully Fit Forever

Chair exercise
for men and
women of all ages.
Wednesdays
8:45-9:20 a.m.
Pentecost Room



The word is still love! Stephen Ministers ready to listen

—continued from page 1

that, "When a person allows you into their life and shares their feelings and hurts with you, they are giving you a fantastic gift, and I think when you listen to them and when you accept their feelings and when you love, share Christ's love to them, you are giving them a powerful gift."

He reminds us that Christianity is not—and was never intended to be—a spectator sport, but is meant for all of us to share the love of Jesus with others, and with those in need. Stephen Ministry allows lay people a unique opportunity to live out the old Lutheran concept of "the priesthood of all believers." That offer continues to you today.

At the moment we have several Stephen Ministers available at FLC to walk with others who are challenged with a heavy load. They

have gone through 50 hours of instruction and practice, learning to help others express their feelings, while confidentially listening without judging and are able to gently bring a word of faith and the Bible into the conversation. Prayer is always an option, and visits are scheduled at your directive.

One woman commented that: "A Stephen Minister was the best gift I could have given myself. She (the Stephen Minister) came week after week after week, when other people, even my wonderful neighbors, even my wonderful friends, stopped asking, 'You doing okay?' She came and she prayed for me, just for me, and that's really powerful."

If you'd like to learn more about having a Stephen Minister available to you or have other questions about



If you'd like to learn more about having a Stephen Minister available to you or have other questions about this helpful Pastoral Care program, call Cindy Forsburg at 940-8766 or Pastor Barbara Wangness at 339-1983, ext. 19.

this helpful Pastoral Care program, call Cindy Forsburg at 940-8766 or me at 339-1983, ext. 19. We'll be happy to share more with you! For the word is still love—yours, God's and others.

First Word

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IN THIS ISSUE...

- 1 Have ear, will travel: What is the motion of devotion?
- 1 God's Epiphany in Christ: For our winter of discontent
- 2 Lutheran college scholarships available
- 5 Baptismal identity and God's mission
- 5 Ministry of the Month: Habitat for Humanity