



flcsf.org



# First Word

The monthly newspaper of First Lutheran Church

## Beneath the Cross of Jesus:

*From the Lengths of God's Love to the Depths of Human Sin*

By Pastor John Christopherson

"In Christ God was reconciling the world to himself." —II Corinthians 5:19

Companies and communities spend huge amounts of money designing logos—seeking to re-present the qualities or character for which they stand. These are usually qualities such as stability (a mountain peak), global popularity (the golden arches), progressiveness (an apple with a bite taken out), athleticism (a swoosh), or aggressiveness (a mascot on steroids). The logo then appears on their letterheads, their products, and home offices.

Pastor John Christopherson

But what company or community would ever choose a logo with a hangman's noose or an electric chair?! It would be sheer madness. Its members would instantly be regarded as morbidly obsessed with suffering or death. And yet exactly such a symbol is universally recognized as the logo of Christianity: the Cross. Christians are baptized with the sign of the cross. They gather under steeples and altars with a cross. Many Christians make the sign of the cross in times of danger or trial. Their

graves are marked with a cross. The cross has been the symbol of the Christian gospel from the very first century of the Church.

But why? Why choose such a shocking and offensive symbol? Why not choose something more soothing or attractive—like a rose, or better yet, dollar signs? Throughout history, people have been scandalized by the cross, as one big turn off. St. Paul was onto this when he wrote: "For Jews demand signs [of power] and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to the Jews and folly to the Gentiles" (I Corinthians 1:22–23; RSV).

So again, why not abandon this sign and symbol as the heart of the Christian faith? Why not something sexy or of powerful, cultured appeal? Like a gilded, golden globe or at least a peace sign. Then Christianity could achieve new heights of popular influence and acceptability. Maybe even fill the pews on Sunday! ... But the cross has a relevance of its own, one that must never be lost upon us. It's a potent symbol of Christian realism. It proclaims that any outlook on life that can't cope with the grim realities of suffering and death doesn't deserve to get a hearing. This symbol of suffering and death affirms that the Christian faith faces up to the grim, ultimate realities of life. In a letter to

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## Celebrating Ninepatch's 20 years in musical ministry to the Lord

After more than 20 years leading the contemporary worship service at First Lutheran Church, *Ninepatch* is retiring. On Sunday, March 13, *Ninepatch* will join the 9:45 a.m. worship hour for special music in celebration of their 20 years of musical service to First Lutheran. They will lead their final worship service together at 11:15 a.m. that same day.

By Dorothy Wheeler

Ninepatch was formed during the Lenten season of 1991. A beautiful nine-patch quilt had been on display in the Fellowship Hall (see adjoining article) and it was decided that it could

be an appropriate name for our group of nine or so musicians. In September, our original leader, Ann Schrooten, shared her vision for this group by gathering us together again to rehearse weekly and help lead the music for the 11:15 a.m. contemporary worship service.

God began a good work in this ministry, and as we blended our voices and instruments together in song, our bonds of friendship with one another were also forming. Most of us had very young children at the time and a supervised nursery was a wonderful

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After 20 years leading the contemporary worship service at FLC, *Ninepatch* is retiring. Pictured left to right are: Kirke Wheeler, Dorothy Wheeler, Mary Ryrholm, Sue Severson and Terry Pospisil. Seated is Jay Hardy.



## Lenten midweek services

### Ash Wednesday, March 9

11:15 a.m. & 7 p.m.

(KSFY at 3 p.m.)

Communion and Imposition of Ashes

**Theme:** Beneath the Cross of Jesus: From the Lengths of God's Love to the Depths of Human Sin

**Preacher:** Pastor John Christopherson

### Lent I, March 16

11:15 a.m. & 7 p.m.

**Theme:** Images from the Battlefield

**Preacher:** Pastor Dave Johnson

### Lent II, March 23

11:15 a.m. & 7 p.m.

**Theme:** Images from the Court

**Preacher:** Pastor Jason Burggraff

### Lent III, March 30

11:15 a.m. & 7 p.m.

**Theme:** Images from the Rehab Center

**Preacher:** Pastor John Christopherson

### Lent IV, April 6

11:15 a.m. & 7 p.m.

**Theme:** Images from the Prison

**Preacher:** Pastor Natanael Lizarazo



beneath the cross of JESUS

Grünewald's "Crucifixion"

### Lent V, April 13

11:15 a.m. & 7 p.m.

**Theme:** Images from the Hospital

**Preacher:** Pastor Barbara Wangness

## Lenten Devotional

To encourage the congregation to engage in daily devotions, this year's Lenten Devotional, written by First Lutheran members, will be provided to each family. Copies will be available in the atrium, Welcome Center and Parish Life Building (third floor) on Sunday, March 6. It will also be available on the church website ([www.flcsf.org](http://www.flcsf.org)).

## Quilt in Fellowship Hall inspired name of Ninepatch

While many people may be aware of the beautiful, nine-patch quilt located in Fellowship Hall, not all may know its story. The quilt inspired the name of First Lutheran's contemporary worship band, *Ninepatch*. It was designed to tell the salvation story during the Lenten season of 1991.

The quilt was completed during worship. Women of the congregation quilted while the sermon was preached. The theme of each weekly sermon was drawn from the meaning of the quilt blocks.

For the women doing the quilting, it was more than stitching. It was the privilege, honor and sharing of the unique experience of togetherness. Each stitch accented the beauty and message of the block, with the great nine-patch Cross of Christ in the center.

### Here is the meaning of each block:

Beginning in the upper left-hand corner is the block of The dove based on Matthew 3:16: "And when Jesus was baptized he went up immediately out of the water, and behold the heavens were opened and he saw the spirit of God descending like a dove and alighting on him." So began his ministry.



The next block down the left-hand side is Jacob's ladder. Genesis 28:12 says, "He had a dream in which he saw a stairway resting in the earth with its top reaching heaven, and the angels of God were ascending and descending on it."

The wheat block brings to mind the teachings of Jesus as told by John 12:24: "Truly, truly I say to you, unless a grain of wheat falls into the ground and dies, it remains a single grain; but if it dies, it bears much fruit."

In the lower left-hand corner is the

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## MISSION STATEMENT

First Lutheran Church welcomes all people into the community of Jesus Christ, equipping and sending them forth to serve and witness in Jesus' name.

## GUIDING PRINCIPLES

We are grounded in the great commandment of Jesus. (Matthew 22:34-40)

We are grounded in the great commission of Jesus. (Matthew 28:16-20)

We are committed to welcome and minister to all people.

We are committed to equipping people for ministry.

We are committed to service in our community and world.

We are committed to a ministry of relationship building.

We are committed to our heritage and identity as a reforming church.

We are committed to excellence in broadcast ministry.



## WORSHIP SERVICES

**SATURDAY** (Christ the Victor Chapel)  
5 p.m. Vespers with Communion

**SUNDAY** (Sanctuary)  
8:15 a.m. Traditional Worship with Communion  
9:45 a.m. Traditional Worship  
11:15 a.m. Contemporary Worship  
12 p.m. Worship in an African Context (Chapel)

**MEDIA MINISTRY BROADCASTS**  
8:15 a.m. KELO-FM Radio (92.5)  
11 a.m. KSFY (Sioux Falls Cable 7), KPRY (Pierre) and KABY (Aberdeen)

## First Word

*First Word* is the monthly newspaper of First Lutheran Church in Sioux Falls, S.D. It is distributed to members of the congregation and others upon request.

If you have material for *First Word*, please contact the editor, Kerrie Vilhauer, or a member of the First Lutheran Church pastoral or program staff (see staff listing on page 3).

Opinions expressed in *First Word* are those of the author and are not necessarily shared by the First Lutheran Church congregation or staff. The editors of *First Word* reserve the right to edit submissions. Responses are welcome.

The deadline for the April issue is Tuesday, March 8. Please e-mail articles or questions regarding *First Word* to: [kvilhauer@flcsf.org](mailto:kvilhauer@flcsf.org). *First Word* is also available online ([www.flcsf.org](http://www.flcsf.org)).

# Beneath the Cross of Jesus

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his close friend T.S. Eliot, the Christian theologian Paul Tillich points out: "You couldn't have composed your masterful analysis of our human 'Wasteland' without knowing the power of the cross that goes even deeper" (Paul Tillich; *The Meaning of Health*; p. 94).

The cross reminds us of something we must never be allowed to forget: that in Christ, God entered into our suffering and dying world in order to bring newness of life (Romans 5:6-8; II Corinthians 5:19; 6:4). Those who do not yet know this truth need to be told about the relevance and power of Jesus' cross for the tragic and broken situation of all humanity. It is a sign of God's power hidden under weakness. A symbol of God's victory hidden under defeat. A logo of bloodied stripes by which we are healed and made whole (Isaiah 53:5; I Peter 2:24). The cross confronts the worst the world can dish out, and points to—and

makes possible—a horizon of hope. "A home within the wilderness, a rest upon the way. ..." Look to the outstretched, welcoming arms and those pierced hands of Jesus, that gently reach for you at our sanctuary altar (Matthew 11:28).

In this Lenten season we stand beneath the cross of Jesus as family and friends of First Lutheran Church—pondering its atoning, reconciling wonder. Is it a symbol of death? No. Of suffering? No. A symbol of death and suffering? Not quite. A symbol of saving hope in the midst of a world of death and suffering? Yes. A symbol and sign, a logo of our Lord and Savior who is "with us" and "for us" in this dark world, and to whom John the Baptist (in Grunewald's "Crucifixion"; see page 1), along with the personal testimonies of our FLC family members, bear faithful witness in the 2011 FLC Lenten devotional (available at [www.flcsf.org](http://www.flcsf.org) starting

Ash Wednesday)—pointing beyond themselves and the world to the only One who can save us from the power of sin and death. A cross of hope that's for real in a world that's for real. A sign of the great lengths that God's love will go in order to stoop down into the furthest depths of human sin and save us.

"It is the greatness and heart of the Christian message that God, as manifest in the Christ of the Cross, totally participates in the dying of a child, in the condemnation of a criminal, in the disintegration of the mind, in starvation and famine, and even in the human rejection of Himself. There is no human condition into which the divine presence does not penetrate. This is what the Cross, the most extreme of all human conditions, tells us." (Paul Tillich; *The Eternal Now*, p. 46)

*Beneath the Cross of Jesus,*  
j.r. christopherson, Senior Pastor

## 2011 Lenten Soup and Bread Meals

Lenten Soup and Bread Meals will be served in Reformation Hall from 12 to 1 p.m. and 5:15 to 6:15 p.m. each Wednesday beginning March 16 and continuing through April 13. Cost is \$3.50 for adults, \$2 for children ages 5 to 12, and those under 5 are free. Proceeds will go to support First Lutheran seminary students and Food to You Mobile Food Pantry.

### Menu:

**March 16:** Chili

**March 23:** Chicken noodle

**March 30:** Ham vegetable

**April 6:** Hamburger vegetable

**April 13:** Potato ham

*Are you willing to help at the meals? Please contact Linda Carpenter at 339-1983, ext. 36, or at [lcarpenter@flcsf.org](mailto:lcarpenter@flcsf.org).*

## Scripture lessons

**March 6:** Exodus 24:12-18; Psalm 2; 2 Peter 1:16-21; Matthew 17:1-9

**March 13:** Genesis 2:15-17; 3:1-7; Psalm 32; Romans 5:12-19; Matthew 4:1-11

**March 20:** Genesis 1:27-31; Psalm 19:1-42; Romans 8:18-25; Matthew 14:22-23

**March 27:** Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

## Welcome to new members!



The following new members were welcomed to the family of First Lutheran on Sunday, Feb. 13. **Back row, left to right:** Janet Lyso, Arlene Krueger, Connie Marks, Alexis Clark, Bruce Babb. **Front row, left to right:** Bob South, Darlene South, Ashlee Johnson, Aaron Johnson holding Ailee Johnson.

**Not pictured:** Katie Bergjord, Marcus Lamp, John Blair, Dave Jewell, Kimberlee Henle-Jewell, Steve Marks, Mary Rorge, Michael Rorge, Andrew Rorge, Matthew Rorge, Kyla Sundermann, Tye Pingeon, Jazmen Pingeon, Bailey Pingeon, Gavin Sundermann, Matt Welbig.

If you are interested in membership at First Lutheran Church, contact Linda Carpenter at 339-1983, ext. 36.

PHOTO BY TOBY WELLENSTEIN

## Church Council Highlights: Jan. 13, 2011

Pastor Barbara Wangness reported that one individual is attending the Stephen Minister Leadership Training event and that First Lutheran is co-hosting the "Sad Isn't Bad" family grief event at Our Savior's Lutheran Church.

Pastor John Christopherson expressed deep appreciation to the outgoing council members, and especially to President Eric Severson, for their dedicated service.

Treasurer Corey Halstenson presented the 2011 budget proposed by the Board for Financial Services. He reported that the projected revenues of \$1,929,298, including a significant increase in support from the Foundation, and a decrease

in interest payments will enable a mission-driven budget, with most of the boards receiving what they requested. Halstenson noted that 2010 was the fifth consecutive year that ended with a surplus. He thanked the members, who gave generously to the annual fund; the board members, who carefully considered their budget requests; Pastor John Christopherson, who made reminder calls about pledges; and Marilyn McNeill, who provided information to the Financial Services Board. A motion to refer the 2011 budget as presented to the congregation for consideration at the annual meeting was made, seconded, and passed unanimously.

## Inclement weather policy

If the Sioux Falls School District has cancelled classes or evening activities, First Lutheran Church events involving youth will be cancelled as well. Wednesday Night Meals will not be served if the youth events are cancelled.

Adult activities will be cancelled at the discretion of the group leader.

Cancellation information for all events will be available on the website ([www.flcsf.org](http://www.flcsf.org)), Facebook page ([www.facebook.com/flcsf](http://www.facebook.com/flcsf)), and via phone (605) 336-3734.

Cancellation information will also be submitted to KSFY and the KELO Clossline.

# ADULT DISCIPLESHIP



## What's on Tap?

### Heidelberg Disputation of 1518 subject of conversation

By Pastor Jason Burggraff

"The thirst for glory is not ended by satisfying it, but rather, extinguishing it ..."

This pithy little gem, on first blush, sounds like it could be right out of the mouth of the Buddha, or Confucius. It sounds like it could be the beginning of a "beautiful journey of self introspection and denial of worldly things." Yet this couldn't be farther from the truth. This quote comes from our dear old friend (who was anything but a denier of worldly things!) Martin Luther. He writes such a sentence, along with a whole host of other game changers in his often overlooked "Heidelberg Disputation of 1518." And this happens to be what we're taking up these days on the third Tuesday of every month

at Theology on Tap (7 p.m. at Monks House of Ale Repute), using a book by Gerhard Forde, called: "On being a Theologian Of The Cross."

Before the formative sounding title of Luther's work chases you away, let me reassure you that his Heidelberg Disputation is merely a collection of 28 sentences, or theses that Luther put together for theological discussion. Through them Luther contrasts a theologian of glory (that sinner in us that seeks our own glory) with a theologian of the cross (that rare breed who actually "calls a thing what it is.")

Here are a few more: "A theology of glory calls evil good and good evil. A theology of the cross calls the thing what it actually is." And "He is not righteous who works much, but who,

without work, believes much in Christ." And finally: "The love of God does not first discover but creates what is pleasing to it. The love of man comes into being through attraction to what pleases it."

Curious? Come and find out more. And know now that in Christ—you are created a pleasing creature to God, and not because you've extinguished your thirst for glory, but because He does. Come share in this freedom with us at Theology on Tap. All sinners are welcome!



Pastor Jason Burggraff

## Adult Forums engage participants with variety of topics

Adult Forums meet at 9:30 and 11 a.m. in the Friendship Room. The schedule of topics is below:

### March 6—Dr. L. Adrien Hannus "Digging for Golden Information"

Dr. Hannus is the director of the archeology laboratory and professor of anthropology at Augustana College. He has worked in the Great Plains region for 40 years and also conducted archeological field projects in Egypt, Mexico and southern France. During the last 10 years, Dr. Hannus and his team have established The Thomsen Center Archeodome at the Mitchell Prehistoric Indian Village site in Mitchell, S.D.

### March 13—Charlie Johnson "Whispers from the Prairie"

Charlie is well known as a leader in organic farming. He finds his farming practices as a way to honor the past generations, the land and the spiritual life. He, his brother, Allan, and cousin, Aaron, comprise the second generation of organic farmers on their land south of Madison, S.D.

### March 20—Dr. Philip Thompson "John Calvin's Life and Thought"

Dr. Thompson is the professor of systematic theology and Christian heritage at Sioux Falls Seminary. The son of a North Carolina pastor, he received his Master of Divinity degree from Union Theological Seminary in

Richmond, Va., and his Ph.D. from Emory University. He has been at Sioux Falls Seminary for 10 years. The two leaders of the Protestant Reformation were Martin Luther and John Calvin, but the direction each took differed dramatically. Yet both are important for understanding the Reformation as well as today's churches.

### March 27—Ken Alvine "The World of Cartooning"

According to a colleague, "Ken is huge in the cartoon realm—people from all over the country know him." Ken grew up in Sioux Falls. He went on from Washington High School to study at the Colorado Institute of Art and received his B.A. from the University of Washington in Seattle, Wash. Ken has brought many well-known cartoonists to visit Sioux Falls. Largely due to his influence, the creator of "Hagar the Horrible," Chris Browne, moved from Saratoga, Fla., to Sioux Falls.

### April 3—Mark Ovenden "Sports Talk"

Mark grew up in Boston, Mass., and remains a die-hard Red Sox fan. In 1978, Mark moved to Sioux Falls in order to do play-by-play radio broadcasting for Augustana College. Since then he has been the sports director at KSFY, KELO and presently at KDLT, where he has worked for 14 years.

## SENIOR MINISTRY LUNCHEON

Tuesday, March 8  
Noon  
Fellowship Hall

"Feeding Our Feathered Friends"  
Thea Miller Ryan,  
Director of The Outdoor Campus



No reservations needed.  
All are welcome

# WANTED

**The First Quilters are looking for:**

- Mattress pads
- Old blankets

Please leave them in the Quilt Service Center. Thank you!

## FLCW meeting schedule

The First Lutheran Church Women board is meeting Thursday, March 3, at 10:30 a.m. in the Friendship Room. The general meeting will take place the same day at noon in the Gathering Room. Jennifer Gerriets-Masters will present a program about the Outreach Board.



# CHURCH COUNCIL

### Officers

James Moore ..... President  
Mitch Krebs ..... Vice President  
Corey Halstenson ..... Treasurer  
Kris O'Connell ..... Secretary

### Council Representatives

Randy Olawsky ..... Financial Services  
Alan Saatkamp ..... Adult Discipleship  
Toby Wellenstein ..... Pastoral Care  
Gregg Greenfield ..... Member-at-Large  
Bill Bradfeldt ..... Outreach  
Adam Smith ..... Youth, Family and Young Adult Ministry  
Ron Moegenburg ..... Stewardship  
Tracie Osthus ..... Member-at-Large  
Marilyn Korsten ..... Member-at-Large  
Kathrine Clark ..... FLCW  
Julia Kramer ..... Media  
John Hegg ..... Worship and Music  
Tim Heinemann ..... Property

# FIRST LUTHERAN CHURCH DIRECTORY

To reach a staff member directly, dial 339-1983 and the phone extension listed in parentheses.

### Pastoral/Administrative Staff

(12) Rev. Dr. John Christopherson ..... Senior Pastor  
(17) Rev. Jason Burggraff ..... Associate Pastor  
(21) Rev. Natanael Lizarazo ..... Associate Pastor  
(19) Rev. Barbara Wangsness ..... Associate Pastor  
(1) Rev. James Christopherson\* ..... Associate Pastor  
(53) Rev. Dave Johnson\* ..... Associate Pastor  
(11) Rev. LeeRoy Eikanger\* ..... Visitation Pastor  
(1) Rev. LeRoy Nevin\* ..... Visitation Pastor  
(11) Rev. M. Franklin Pudas\* ..... Visitation Pastor  
(26) Marilyn McNeill ..... Church Administrator  
(1) Carol Knapp ..... Pastors' Secretary

### Youth, Family and Young Adult Ministries

(13) Marnie Dahle Backer ..... Director of Youth Ministries  
(34) Debbie Garcia\* ..... Administrative Assistant  
(45) Nancy Henrichsen ..... Director of Children's Ministries  
(41) Mara Stillson ..... Associate Director of Youth Ministries  
(25) Melody Roberts\* ..... Nursery Coordinator/  
Children's Ministries Assistant  
(40) Irma Rodriguez Leon\* ..... Nursery Attendant  
(10) Heidi Tooley\* ..... Recreational Ministries Coordinator

### Financial Services

(18) LaVonne Wolf ..... Financial Specialist

### Library

(43) Barbara Siebelts\* ..... Library Coordinator

### Media Ministries

(15) Kathy Hein\* ..... Broadcast Technical Director  
(15) Tyler Johnson\* ..... Broadcast Technical Director  
(20) Heather Kuecker\* ..... Media Assistant  
(15) David Palmer\* ..... Broadcast Technical Director  
(15) Kerrie Vilhauer\* ..... Communications Coordinator  
(15) Joe Ward\* ..... Broadcast Technical Director

### Outreach Ministries

(36) Linda Carpenter\* ..... Visitor/Volunteer Coordinator

### Pastoral Care Ministries

(24) Paula Bartels\* ..... Parish Nurse  
(1) Arlene Bich\* ..... Wedding Coordinator  
(16) Dr. Mark Britzman\* ..... Christian Counselor (consultant)  
(1) Sarah Hagenlock\* ..... Wedding Coordinator  
(1) Sherri Schrodin\* ..... Wedding Coordinator  
(22) Charlotte Peters\* ..... Caring Ministry Coordinator

### Property and Administrative Services

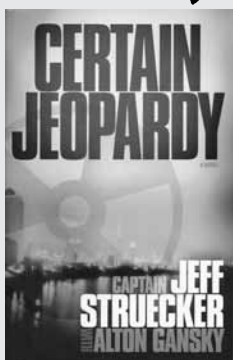
(29) John Cerwinski ..... Custodian  
(29) Jeff Hartnett ..... Custodian  
(29) Rob Oswald ..... Facilities Manager  
(10) Connie Corey\* ..... Receptionist/Member Secretary  
(10) Barbara Johnson\* ..... Receptionist/Member Secretary  
(10) Kristy Zuraff\* ..... Receptionist/Member Secretary

### Worship and Music Ministries

(35) Shirley Barlow ..... Administrative Assistant  
(35) Dorothy Christopherson\* ..... Women's Choir Director  
(14) Dr. Michael Elsbernd ..... Director of Music Ministry  
(35) Dr. Jerry Hanson\* ..... Director of Music Emeritus  
(35) Marcia Kittelson\* ..... Organist Emerita  
(35) Gerry Kropp\* ..... FLYGHT and Jubilant Singers Accompanist  
(35) Bonnie Lindgren\* ..... Carol Choir Director  
(35) Mary Pottratz\* ..... Belle Campana/Agape Ringers Director  
(35) Sue Severson\* ..... Adult Choir Accompanist  
(35) Pam Sonnichsen\* ..... Instrumental Coordinator  
(35) Hazel Wek\* ..... Carol Choir/  
Women's Choir Accompanist  
(49) Christopher Windle ..... Assistant Director of Music  
\*Part-time

**Main Phone Line:** ..... (605) 336-3734  
**Direct Dial:** ..... (605) 339-1983  
**Toll-Free:** ..... (800) 425-9899  
**Fax:** ..... (605) 336-8370  
**Emergency Cell:** ..... (605) 323-7667  
**Custodian Cell:** ..... (605) 351-8281  
**Project Car:** ..... (605) 332-2777

## FLC LIBRARY SUGGESTED READING for March



*Certain Jeopardy* by Capt. Jeff Struecker, with Alton Gansky

This suspense book written by a decorated chaplain of the United States Army along with an award-winning pulpit minister takes personal experience and faith and puts them into an unforgettable story which can encourage your faith. This book is available in the First Lutheran Church library and local bookstores.

## WORSHIP AND MUSIC



# Ninepatch celebrates 20 years of service to the Lord

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convenience. As time passed, we were able to watch all of our children grow and eventually graduate from high school about the same time.

Throughout its 20-year history, Ninepatch has been a constant presence through the administrations of three senior pastors and interim staff. Besides regularly providing worship music, we have played for a variety of settings and occasions including weddings, funerals, WELCA meetings, and worship services at McKennan, Terrace, and Tuthill parks and in our church parking lot.

We've also shared our music with congregations in Dell Rapids, East and West Nidaros, and Winner, S.D.

And so now as we mark 20 years of faithful service together, we celebrate the completion of the handiwork of God's design—that from a single connecting thread, he has sown us together to share his love in song. How else could the remnants of a welder, a cytologist, a secretary, two teachers, and a doctor be woven into a patchwork of musical leadership? Only through our glorious designer!



Ninepatch poses for a picture in the chapel. From left to right are: Kirke Wheeler, Dorothy Wheeler, Randy Gunhus, Sue Severson, John Cerwinske, Mary Ryrholm, Terry Pospisil and Doreen Pospisil



Above: Ninepatch leads worship on Sunday morning.

Right: Members of Ninepatch roast marshmallows around a "campfire." This image was used on their "Live at The Falls" CD.



## Thank you for your ministry, Ninepatch

On behalf of the Board for Worship and Music Ministry, it is with gratitude and profound appreciation that we celebrate the past 20 years of Ninepatch's ministry of music at First Lutheran Church. Giving our worship full expression of the Spirit's presence and inspiration, both contemporary bands at First Lutheran sing the message of God's grace and inspire those gathered to sing the story of our salvation. Their genuine expressions of faith continue to bring unity to our church family—a rare gift, indeed.

As we pause to give thanks to the members of Ninepatch for their many treasured years of joyful service and the way their witness has enlivened our worship services we give thanks to God, who has

first gifted us.

While there are indeed many gifts, as Ninepatch member Dorothy Wheeler says, "It is the same Spirit that unites us into a common purpose through Christ."

The legacy of service that Ninepatch has given to us points always to the love of God through Christ, skillfully and artfully proclaimed.

Just as our liturgical heritage prevents us from forgetting those things that are central to life in Christ, the members of Ninepatch have brought unity, guiding the church's song with joy and thanksgiving.

*Michael Elsbernd,  
Director of Music Ministry*

## Quilt in Fellowship Hall completed during worship

—continued from page 1

Road to Jerusalem block described in Mark 11:1–8. Mark 11:8 says, "Many people spread their cloaks on the road while others cut branches in the field and spread them on the road."

The palm leaves recall the entrance to Jerusalem in John 12:13: "They took palm branches and went out to meet him shouting Hosanna."

The story continues with the Golgatha block as told in Matthew 27:33: "They came to a place called Golgatha, which means 'the Place of the Skull.'"

As shown in the right corner block, from John 19:2: "The soldiers twisted together a Crown of Thorns and put it on his head, and they dressed him a purple robe."

Up the right hand side is the cross and crown as described in John 19:17: "So they took Jesus and he went out bearing his own cross to the place called Golgatha."

Up the right-hand side is the star of hope. Its meaning is expressed in Peter 1:3: "Blessed be God the Father of our Lord Jesus Christ! By His great mercy, we have been born anew in a living hope through the resurrection of Jesus Christ from the dead."

The butterfly, as seen in the upper right-hand corner, is not mentioned in the Bible but has become a symbol of the resurrection.

To the left is the star of Bethlehem as told in Matthew 2:9b: "There ahead of them went the star."

The Tree of Knowledge, alternately known as the Tree of Life, comes



Pictured are some of the seamstresses who worked on the Lenten quilt: Esther Gilbertson, Opal Westerdahl, Doris Nesthus, Myrtle Kolstad, Gertrude Nearman, Betty Johnson and Lois Johnsrud.

from Genesis 2:16–17. "And the Lord commanded the man, 'You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die.'"

The nine-patch cross in the center is based on Matthew 10:38–39, "And whosoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose it for my sake will find it."

The pastors during this Lenten season were David Holm, Barney Friesth, Lynnette Schroeder, John Lestock and Ben Stensland.



The nine-patch cross in the center of the quilt is based on Matthew 10:38–39.

## Women's Choir to present African spirituals March 6

The Women's Choir will present several African Spirituals to honor "Jesus, the Light of the World" on Transfiguration Sunday, March 6, at the 11:15 a.m. service.

This is the last Sunday of the Epiphany season when we are reminded to go with the Gospel, letting our lights shine for Jesus. The congregation will also have an opportunity to sing along with some of the spirituals. All are welcome to attend this unique worship hour!



The 11:15 a.m. worship service on Sunday, March 6, will feature African spirituals.

# OUTREACH MINISTRIES



## Lent: An invitation to faith active in love

By Pastor Natanael Lizarazo

Like the seasons of the year, the Christian church also has its unique seasons and pulsating rhythms which provide needed focus, reflection and inspiration for our God-led journey of life.

Lent is the season that invites us to honestly admit our sins, learn from Jesus as we follow him on the way to the cross, experience God's abundant grace along the way and be renewed in our baptismal identity as people of God! It happens through the proclamation of the Gospel and through the worship life of the Christian community. Through them the Holy Spirit actively works in us repentance, soul-searching, prayerful engagement and wholesome and life-giving fruits of faith active in love.

Echoing every area of ministry, the members of the Outreach Board invite you to become fully immersed in this season of Lent! It is a season filled with Christian fellowship, nourishing meals, prayer and devotional life, worship, spiritual renewal and servant opportunities both within and outside our congregation. Through these opportunities God promises to bless us with a fresh realization of the costly price of our salvation and with the servant attitude of Christ Jesus (Philippians 2: 5-11).

In addition to a foundation of vibrant worship, prayer, devotional and community life, we are equally invited to be fruitful in our mission outreach to holistic human needs in our community and larger world. This is what faith active in love is about and calls for in our lives. Faith active in love is never a legalistic or forced chore but rather the fruit that naturally grows out of our rootedness in

Christ! Hear the words of Martin Luther are such a tangible reminder:


"Faith is God's work in us that changes us and gives new birth from God. (John 1:13). It kills the Old Adam and makes us completely different people. It changes our hearts, our spirits, our thoughts and all our powers. It brings the Holy Spirit with it. Yes, it is a living, creative, active and powerful thing. Faith cannot help doing good works constantly. It doesn't stop to ask if good works ought to be done, but before anyone asks, it already has done them and continues to do them without ceasing. Anyone who does not do good works in this manner is an unbeliever. He stumbles around and looks for faith and good works, even though he does not know what faith or good works are. Yet he gossips and chatters about faith and good works with many words.

"Faith is a living, bold trust in God's grace, so certain of God's favor that it would risk death a thousand times trusting

### YOU ARE INVITED!

The following items will be collected in the atrium during this Lenten season.

- Food items for the Sioux Falls Food Pantry
- Personal hygiene items for Necessities for Neighbors (a program of the Food to You Mobile Food Pantry)
- New or gently used shoes (any size) for Mayan Families, an organization in Guatemala



in it. Such confidence and knowledge of God's grace makes you happy, joyful and bold in your relationship to God and all creatures. The Holy Spirit makes this happen through faith. Because of it, you freely, willingly and joyfully do good to everyone, serve everyone, suffer all kinds of things, love and praise the God who has shown you such grace. Thus, it is just as impossible to separate faith and works as it is to separate heat and light from fire!"

### Donate food and hygiene items during Lent

As a way to focus our faith-filled acts of love during this Lenten season, we invite your participation in offering food items for the Food Pantry, hygiene items to be shared with our neighbors served by the Food to You Mobile Food Pantry and new or gently used shoes for Mayan Families, an organization in Guatemala. Drop items off in the atrium on Wednesday evenings and Sunday mornings.

## Ministry of the Month: Augusta Victoria Hospital

Augusta Victoria Hospital was established as a major medical Facility in Jerusalem after the 1948 war and in order to care for Palestinian refugees. It was first managed by the international Committee of the Red Cross. Since May 1, 1950, it has been managed by the Lutheran World Federation. The main intake continues to be patients who are refugees.

The hospital is committed to serving its patients and community in East Jerusalem, the West Bank and Gaza by providing the needed

health and humanitarian services so critically needed in this part of God's world. The hospital provides employment for more than 200 local staff and is a model of peaceful co-existence, mutual respect and reconciled differences in a region where hatred and distrust abound. Its direct connection with the Evangelical Lutheran Church in Jordan and the Holy Land (ELCJHL) makes Augusta Victoria Hospital a servant healing institution worthy of prayerful and financial support. Please use



A woman receives foot care at the Augusta Victoria Hospital.

the Special Offering Envelope or mail designated checks to the church.

# YOUTH, FAMILY AND YOUNG ADULT MINISTRIES



## Shrove Tuesday Pancake Meal

Tuesday, March 8  
5-6:30 p.m. in Reformation Hall  
Cost is \$3 per person  
Join us for games, beads and more!

## Devotion Motion during Lent

By Mara Stillson,

Associate Director of Youth Ministries

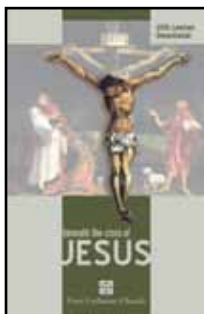
St. Patrick's Day, my husband's birthday, Daylight Saving Time, March Madness (not that I really know what that is), the list could go on and on. These are the things I usually think of when someone asks what happens in March.

However, this year the month is going to look a little bit different. Can you guess what it is? Well, if you guessed Lent is starting now, you would be correct! Lent may not feel "normal," with the snow melting, grass showing, and the wonderful gift of more daylight, so we probably are more in the "Easter" mood

than anything.

I challenge you during this month for your "Devotion Motion" to use the Lenten devotional provided by the

Adult Discipleship Board and written by First Lutheran members. (Check it out at [www.flcsf.org](http://www.flcsf.org) starting Ash Wednesday.) Some of the stories may be intense or tough to swallow, but as we live out our lives, we know Christ is guiding us through all things: the joy and the pain, the sickness and the health, the laughter and the tears. We are continually reminded Christ is with us through it all, giving us a gift of grace that will flip our world upside down!



## Upcoming events

- Genesis Café will be hosted by 4:12 during March. On the menu is: March 6—coffecake; March 13—monkeybread; March 20—scones; and March 27—fruit pizza. 4:12 is Christian adults in their twenties and thirties experiencing ministries through a balance of fellowship, life-sharing, spiritual growth, and outreach.

- Roamin' Through Romans, a musical presented by first- through fifth-grade FaithWalkers, will take place on Tuesday, March 8, at 7 p.m. in the sanctuary. Come by after the Shrove Tuesday Pancake Meal.

- The High School Senior Supper is scheduled for Sunday, March 6, at 5 p.m. at FLC. Let's get together as your big senior year comes to an end. Please RSVP to Marnie or Mara by calling 339-1983, ext. 13 or 41 by Friday, March 4.

- The Middle School Scavenger Hunt is Friday, March 11, from 6 to 8:30 p.m. at the church. Sign up by Wednesday, March 9. Cost is \$5 plus an item for Necessities for Neighbors (personal care items). Please eat supper before arriving, snacks will be provided.

### BBQs Baskets and Bidding

Sunday, March 13  
12:30 p.m.

Come to Reformation Hall to eat a BBQ and for a live auction featuring a wide variety of themed baskets. Proceeds help fund mission trips and high school summer camps.

### 4:12 Bowling at Ten Pin Alley

Sunday, March 20

Meet at the church at 5 p.m. We will head to Hartford together for a great adventure in bowling and some delicious grub (pizza/taco combo)! Cost is \$10. Childcare available.

# MEDIA MINISTRIES



## January and February broadcast sponsors

First Lutheran Church's worship can be seen every Sunday at 11 a.m. on KSFY, KPRY and KABY in Eastern South Dakota, Southwest Minnesota, Northwest Iowa and Northeast Nebraska. A live radio broadcast of worship can be heard each Sunday at 8:15 a.m. on KELO-FM, 92.5.

### KELO broadcast sponsored:

**Jan. 2:** In loving memory of Betty Martinek, whose 81st birthday would have been on Jan. 10, and in honor of Carl and Craig Martinek, who celebrated their birthday on Jan. 17, by Leonard Martinek.

**Jan. 9:** In loving memory of Samantha Kramer, made possible by earnings from a gift by family and friends to the First Lutheran Church Foundation.

**Jan. 16:** By Bill and Opal Westerdahl in celebration of their 60th wedding anniversary, which was Jan. 13.

**Jan. 23:** In memory of Cora Boneff through earnings from a bequest she

made to the First Lutheran Church Foundation.

**Jan. 30:** In loving memory of Helen Hay, whose birthday would have been on Feb. 2, by her family.

**Feb. 6:** By First Lutheran's Cub Scout Pack 153.

**Feb. 13:** In memory of M.R. David's birthday, which would have been Feb. 15, by his wife Carmen, son Mark and family, and daughter Mary and family.

**Feb. 20:** In memory of Les Rollag, who would have celebrated his 79th birthday on Feb. 15, by his family.

**Feb. 27:** In memory of Jodi (Burmoed) Wolf for her brave fight against cancer by Ron, Jill, Zach, Gary and Linda Burmoed.

### KSFY telecast sponsored:

**Jan. 2:** In memory of Jeffrey Willadsen by his family.

**Jan. 23:** By Elaine and Emma Spitzer in honor of the 90th birthday of their mother on Jan. 23.

**Jan. 30:** In memory of Lyle McLeod, whose birthday would have been Jan. 23, by family and friends.

**Feb. 13:** In memory of Bill Grevlos, beloved husband, father and grandfather, who would have celebrated his 74th birthday on Feb. 13, by Cheryl, Dann, Dave, Mike, Jill and grandchildren.

**Feb. 27:** In honor of Ed and Eunice

Mansfield on their 60th wedding anniversary by their family.

### Closed captioning sponsored:

**Feb. 27:** In honor of Emilee Wolf's birthday by her parents, Phil Wolf and the late Jodi Wolf.

### Gifts and memorials

Un-sponsored dates are made possible in part through gifts and memorials to First Lutheran Church Media Ministry. All donations make a difference. Thank you for your support.

### Sponsorships available

To sponsor a broadcast or closed captioning, call LaVonne Wolf at 339-1983, ext. 18.

## First Lutheran Church Calendar—March 2011



### Tuesday, March 1

9:00 AM Worship Planning TR  
1:30 PM Youth & Family Staff Meeting PMR  
4:00 PM Basketball (SL) RH  
4:30 PM Piano Class PL  
6:00 PM Stephen Ministries Fr/R/FRK  
6:30 PM Agape Ringers Rehearsal HR/S

### Wednesday, March 2

8:45 AM Faithfully Fit Forever PR  
9:00 AM Quilting QSC  
9:30 AM Kindermusik MR1  
10:00 AM Organ Practice S  
10:00 AM Bible Study with the Pastors GR/GRK  
11:00 AM Wednesday Night Meal Set-up RH/RHK  
12:00 PM Eat Well Live Well Love God PMR  
1:30 PM Pastors Meetings TR  
4:30 PM Good Vibrations Rehearsal HR  
4:30 PM Piano Class PL  
5:00 PM Wednesday Night Meal RH/RHK  
5:15 PM Piano Class PL  
5:30 PM Jubilant Singers Rehearsal CR  
5:30 PM Belle Campane Rehearsal HR  
5:30 PM Kindermusik MR1  
6:15 PM Women's Choir Rehearsal S  
6:30 PM FLYGHT Rehearsal CR  
6:30 PM 6th Gr Confirmation GR/GRK  
6:30 PM 7th Gr Confirmation FH  
6:30 PM 8th Gr Confirmation D  
6:30 PM FaithWalkers C/UR/PR  
6:30 PM Jesus the One and Only Beth Moore Md  
7:20 PM Wed Night Worship RH  
7:30 PM High School Bible Study D  
7:35 PM Adult Choir Rehearsals CR/FR/S  
8:00 PM High School Youth Group Mdc/D/RH/SS

### Thursday, March 3

7:30 AM Men's Bible Study GR/GRK  
9:00 AM Staff Meeting FR  
9:30 AM Kindermusik MR1  
10:00 AM Visitation Pastors TR  
10:30 AM FLCW Board Meeting FrR  
12:00 PM WELCA General Meeting & Lunch GR/GRK  
4:00 PM Basketball (SL) RH  
4:30 PM Piano Class PL  
5:15 PM Behrends Grace Group L  
5:30 PM Kindermusik MR1  
7:00 PM Pre-Baptism Class GR

### Friday, March 4

8:00 AM Bulletin Volunteers QSC  
9:40 AM Senior Ministry Board Meeting TR  
4:00 PM Basketball (SL) RH  
6:30 PM Cub Scouts 153 Sleep Over RH/FH/D

### Saturday, March 5

10:15 AM Carol Choir Rehearsal CR S FrR  
10:15 AM Open Gym RH  
10:15 AM The Inheritance Study by Beth Moore TR  
2:00 PM NAMI Connections Support GroupPMR  
5:00 PM Vespers C

### Sunday, March 6

8:00 AM Devotional Distribution AD  
8:15 AM Traditional Worship S  
8:30 AM Genesis Cafe GR/GRK  
9:15 AM Hy-Vee Grocery Card Sales W  
9:30 AM Adult Forum FrR  
9:45 AM FaithWalkers C/RH/PR/UR  
9:45 AM Traditional Worship S  
11:00 AM Adult Forum FrR  
11:15 AM FaithWalkers C/RH/PR/UR  
11:15 AM Contemporary Worship S  
12:16 PM Worship in African Context C  
3:00 PM Counseling PR  
5:00 PM High School Senior Supper Mdc  
6:00 PM 9th Gr Shepherd Meeting D  
6:30 PM 9th Gr Confirmation FrR/RH/RHK/D2/4/5

### Monday, March 7

9:00 AM Sewing QSC  
9:30 AM Kindermusik MR1  
10:30 AM Organ Practice S  
1:15 PM Kindermusik MR1  
3:45 PM Piano Class PL  
4:30 PM Kindermusik MR1  
4:30 PM Piano Class PL  
6:00 PM Girl Scout Troop UR  
6:00 PM TOPS Weigh-In & Meeting PMR  
6:45 PM Cub Scouts Pack 153 D/FR

### Tuesday, March 8

9:00 AM Worship Planning TR  
12:00 PM Senior LuncheonFH/FHK  
1:30 PM Youth & Family Staff Meeting PMR  
4:30 PM Piano Class PL  
5:00 PM Shrove Tuesday Pancake Meal RH/RHK/LFT  
6:30 PM Agape Ringers Rehearsal HR  
6:30 PM Board of Adult Discipleship TR  
7:00 PM Roamin' through Romans S  
7:30 PM Women's Choir CR/S

### Wednesday, March 9

8:45 AM Faithfully Fit Forever PR

9:00 AM Quilting QSC  
9:30 AM Kindermusik MR1  
10:00 AM Organ Practice S  
10:00 AM Bible Study with the Pastors GR/GRK  
11:15 AM Ash Wednesday Service  
12:00 PM Eat Well Live Well Love God PMR  
1:30 PM Pastors Meetings TR  
4:30 PM Good Vibrations Rehearsal HR  
4:30 PM Piano Class PL  
5:15 PM Piano Class PL  
5:15 PM Jubilant Singers Rehearsal CR/S  
5:15 PM Belle Campane Rehearsal HR  
5:30 PM Kindermusik MR1  
5:30 PM Grief Support non-physical death PMR  
6:00 PM FLYGHT Rehearsal CR  
6:30 PM Jesus the One and Only by Beth Moore Md  
7:00 PM Ash Wednesday Service S  
8:15 PM Adult Choir Rehearsal CR/FR/S

### Thursday, March 10

7:30 AM Men's Bible Study GR/GRK  
9:00 AM Staff Meeting FR  
9:30 AM Kindermusik MR1  
12:00 PM Project Car Steering Comm TR  
4:30 PM Piano Class PL  
5:30 PM Kindermusik MR1  
5:30 PM Media Board TR  
6:00 PM Holistic Health Cabinet PMR  
6:00 PM Board for Outreach FrR

### Friday, March 11

8:00 AM Bulletin Volunteers QSC  
6:00 PM Middle School Scavenger Hunt All Rooms

### Saturday, March 12

10:15 AM Carol Choir Rehearsal CR S FrR  
10:15 AM Open Gym RH  
10:15 AM The Inheritance Study by Beth Moore TR  
12:01 PM BBQs Baskets Bidding set-up RH/RHK  
12:15 PM 1st Gr Lord's Prayer Preparation UR/S  
2:00 PM NAMI Connections Support GroupPMR  
5:00 PM Vespers C

### Sunday, March 13

8:00 AM Stephen Ministry AD  
8:15 AM Traditional Worship S  
8:30 AM Genesis Cafe GR/GRK  
9:15 AM Hy-Vee Grocery Card Sales W  
9:15 AM Equal Exchange Coffee WCD  
9:30 AM Adult Forum FrR  
9:45 AM Preschool FaithWalkers C/UR  
9:45 AM Traditional Worship S  
10:45 AM Camden Minor Baptism Reception FH FHK  
11:00 AM Adult Forum FrR  
11:15 AM Preschool FaithWalkers C/UR  
11:15 AM Contemporary Worship S  
12:15 PM BBQs Baskets Bidding RH/RHK  
12:16 PM Worship in African Context C  
3:00 PM Counseling PR  
5:00 PM 8 Great Dates GR/GRK/FR/RH/N  
6:00 PM 9th Gr Shepherd Meeting D  
6:30 PM 9th Gr Confirmation FrR/RH/RHK/D2/4/5

### Monday, March 14

9:00 AM Sewing QSC  
9:30 AM Kindermusik MR1  
10:30 AM Organ Practice S  
1:15 PM Kindermusik MR1  
3:45 PM Piano Class PL  
4:30 PM Kindermusik MR1  
4:30 PM Piano Class PL  
6:00 PM TOPS Weigh-In & Meeting PMR

### Tuesday, March 15

7:00 AM Lent Soup Prep RHK  
9:00 AM Worship Planning TR  
1:30 PM Youth & Family Staff Meeting PMR  
4:30 PM Piano Class PL  
5:00 PM Youth & Family Board Meeting PMR  
6:00 PM Board of Pastoral Care L  
6:00 PM Stephen Ministries FrR/FRK  
6:30 PM Agape Ringers Rehearsal HR/S  
7:30 PM Women's Choir CR/S

### Wednesday, March 16

7:00 AM Lenten Soup Meal RH/RHK  
8:45 AM Faithfully Fit Forever PR  
9:00 AM Quilting QSC  
9:30 AM Kindermusik MR1  
10:00 AM Organ Practice S  
10:00 AM Bible Study with the Pastors GR/GRK  
11:15 AM Lenten Service S  
12:00 PM Eat Well Live Well Love God PMR  
12:00 PM Lent Soup Meal RH/ RHK  
1:30 PM Pastors Meetings TR  
4:30 PM Good Vibrations Rehearsal HR  
4:30 PM Piano Class PL  
5:15 PM Lenten Soup Meal RH/RHK  
5:15 PM Piano Class PL  
5:15 PM Jubilant Singers Rehearsal CR/S  
5:15 PM Belle Campane Rehearsal HR  
5:30 PM Kindermusik MR1  
5:30 PM Grief Support non-physical death PMR  
6:00 PM 1st Communion GR/GRK/D

6:00 PM FaithWalkers C/UR/PR  
6:00 PM FLYGHT Rehearsal CR  
6:30 PM Jesus the One and Only by Beth Moore Md  
7:00 PM Lenten Service S  
8:00 PM Adult Choir Rehearsals CR/FR/S  
8:00 PM Youth Group Bible Study Mdc/SSR4/5

### Thursday, March 17

7:30 AM Men's Bible Study GR/GRK  
8:30 AM FCA Boys State Basketball Breakfast RH  
9:00 AM Rachel Circle GR/GRK  
9:00 AM Staff Meeting FR  
9:30 AM Lydia Circle TR  
9:30 AM Rachel Circle GR/GRK  
9:30 AM Kindermusik MR1  
1:00 PM Martha Circle GR/GRK  
3:30 PM Syttende Mai Planning Meeting GR  
5:00 PM Financial Services Bd PMR  
5:30 PM Kindermusik MR1  
5:30 PM Board of Worship & Music TR  
6:30 PM Harrison Backer Birthday Party RH RHK  
7:00 PM Hannah Circle GR/GRK  
7:00 PM Ruth Circle Fr/FRK

### Friday, March 18

8:00 AM Bulletin Volunteers QSC  
6:00 PM 4th/5th Grade Activity Night GR/GRK/RH/  
10:15 AM Carol Choir Rehearsal CR S FrR  
10:15 AM Open Gym RH  
10:15 AM The Inheritance Study by Beth Moore TR  
12:30 PM Cub Scouts Pack 153 FH  
2:00 PM NAMI Connections Support GroupPMR  
5:00 PM Vespers C

### Saturday, March 19

8:00 AM Stephen Ministry AD  
8:15 AM Traditional Worship S  
8:30 AM Genesis Cafe GR/GRK  
9:15 AM Hy-Vee Grocery Card Sales W  
9:30 AM Adult Forum FrR  
9:45 AM FaithWalkers C/RH/PR/UR  
9:45 AM Adult Forum FrR  
11:00 AM FaithWalkers C/RH/PR/UR  
11:15 AM Contemporary Worship S  
11:15 AM Worship in African Context C  
12:16 PM Counseling PR  
3:00 PM 4:12 Bowling RH/LFT/N/D  
6:30 PM 9th GradeConfirmationFrR/2/4/5/7/8/9/10

### Monday, March 21

9:00 AM Sewing QSC  
9:30 AM Kindermusik MR1  
10:30 AM Organ Practice S  
1:15 PM Kindermusik MR1  
3:45 PM Piano Class PL  
4:30 PM Kindermusik MR1  
4:30 PM Piano Class PL  
6:00 PM Girl Scout Troop UR  
6:00 PM TOPS Weigh-In & Meeting PMR  
6:45 PM Cub Scouts pack 153 D/ Workshop

### Tuesday, March 22

7:00 AM Lent Soup Prep RHK  
8:30 AM Foot Clinic PMR  
9:00 AM Worship Planning TR  
4:30 PM Piano Class PL  
5:00 PM Stewardship Board Meeting TR  
6:30 PM Agape Ringers Rehearsal HR/S  
7:30 PM Women's Choir CR/S

### Wednesday, March 23

7:00 AM Lenten Soup Prep RH/RHK  
8:45 AM Faithfully Fit Forever PR  
9:00 AM Quilting QSC  
9:30 AM Kindermusik MR1  
10:00 AM Organ Practice S  
10:00 AM Bible Study with the Pastors GR/GRK  
11:15 AM Lenten Service S  
12:00 PM Eat Well Live Well Love God PMR  
12:00 PM Lent Soup Meal RH/ RHK  
1:30 PM Pastors Meetings TR  
4:30 PM Good Vibrations Rehearsal HR  
4:30 PM Piano Class PL  
5:15 PM Lenten Soup Meal RH/RHK  
5:15 PM Piano Class PL  
5:15 PM Jubilant Singers Rehearsal CR/S  
5:30 PM Kindermusik MR1  
5:30 PM Grief Support non-physical death PMR  
6:00 PM 1st Communion FH/FHK  
6:00 PM FaithWalkers C/UR/PR  
6:00 PM FLYGHT Rehearsal CR  
6:30 PM Jesus the One and Only by Beth Moore Md  
7:00 PM Lenten Service S  
8:00 PM Youth Group Bible Study Mdc/SSR4/5  
8:01 PM Adult Choir Rehearsals CR/FR/S

### Thursday, March 24

7:30 AM Men's Bible Study GR/GRK  
9:00 AM Staff Meeting FR  
4:30 PM Piano Class PL  
5:00 PM Church Council FH

## Wednesday

### Night Meal Menu

5–6:15 p.m. • \$3.50/person

March 2: Turkey and mashed potatoes

5:30 PM Kindermusik MR1  
**Friday, March 25**  
8:00 AM Bulletin Volunteers QSC  
6:00 PM Cub Scouts Sleepover FH D  
6:30 PM Family Fun Night RH/RHK/LFT  
**Saturday, March 26**  
10:15 AM Carol Choir Rehearsal CR S FrR  
10:15 AM The Inheritance Study by Beth Moore TR  
11:30 AM Cub Scouts Pinewood Derby RH  
12:00 PM Violin Lessons FR  
2:00 PM NAMI Connections Support GroupPMR  
5:00 PM Vespers C  
**Sunday, March 27**  
8:15 AM Traditional Worship S  
8:30 AM Genesis Cafe GR/GRK  
9:15 AM Hy-Vee Grocery Card Sales W  
9:30 AM Adult Forum FrR  
9:45 AM FaithWalkers C/RH/PR/UR  
9:45 AM Traditional Worship S  
11:00 AM Adult Forum FrR  
11:15 AM FaithWalkers C/RH/PR/UR  
11:15 AM Contemporary Worship S  
12:16 PM Worship in African Context C  
12:30 PM Adult Leaders Lunch/Meeting PMR  
3:00 PM Counseling PR  
5:00 PM 8 Great Dates GR/GRK/FR/RH/N  
6:00 PM 9th Gr Shepherd Meeting D  
6:30 PM 9th Gr Confirmation FrR/RH/RHK/D2/4/5

### Monday, March 28

9:00 AM Sewing QSC  
9:30 AM Kindermusik MR1  
10:30 AM Organ Practice S  
1:15 PM Kindermusik MR1  
3:45 PM Piano Class PL  
4:30 PM Kindermusik MR1  
4:30 PM Piano Class PL  
6:00 PM TOPS Weigh-In & Meeting PMR  
**Tuesday, March 29**  
7:00 AM Lent Soup Prep RHK  
9:00 AM Worship Planning TR  
1:30 PM Youth & Family Staff Meeting PMR  
4:30 PM Piano Class PL  
6:00 PM Poetry Group L/Gr/GRK  
6:30 PM Agape Ringers Rehearsal HR/S  
7:30 PM Women's Choir CR/S

### Wednesday, March 30

7:00 AM Lenten Soup Prep RH/RHK  
8:00 AM Operation Donation AD  
8:45 AM Faithfully Fit Forever PR  
9:00 AM Quilting QSC  
9:30 AM Kindermusik MR1  
10:00 AM Organ Practice S  
10:00 AM Bible Study with the Pastors GR/GRK  
11:15 AM Lenten Service S  
12:00 PM Eat Well Live Well Love God PMR  
12:00 PM Lent Soup Meal RH/ RHK  
1:30 PM Pastors Meetings TR  
4:30 PM Good Vibrations Rehearsal HR  
4:30 PM Piano Class PL  
5:15 PM Lenten Soup Meal RH/RHK  
5:15 PM Piano Class PL  
5:15 PM Jubilant Singers Rehearsal CR/S  
5:15 PM Belle Campane Rehearsal HR  
5:30 PM Kindermusik MR1  
5:30 PM Grief Support non-physical death PMR  
6:00 PM 1st Communion FH/FHK  
6:00 PM FaithWalkers C/UR/PR  
6:00 PM FLYGHT Rehearsal CR  
6:30 PM Jesus the One and Only by Beth Moore Md  
7:00 PM Lenten Service S  
8:00 PM Youth Group Bible Study Mdc/SSR4/5  
8:01 PM Adult Choir Rehearsals CR/FR/S

### Thursday, March 31

7:30 AM Men's Bible Study GR/GRK  
9:00 AM Staff Meeting FR  
9:30 AM Kindermusik MR1  
4:30 PM Piano Class PL  
5:15 PM Behrends Grace Group L  
5:30 PM Kindermusik MR1

## FINANCIAL SERVICES



# Gifts and memorials from January 2011

Thank you to our generous donors who have shared many thoughts, prayers and financial gifts with the ministries of First Lutheran Church. We are blessed by the support of the following people...

### Gifts to Foundation in memory of

**Joe Cerwinske** Betty Pfeifle  
**Marciene Matthius:** Paul & Jean Colon

### Gift to "God's Gifts. Our Responsibility." campaign in memory of

**Vi Smith:** LaVonne Wolf

### Gifts to Caring Ministry in honor of

**Bill & Ada Severson's 50th anniversary:** Paul & Jean Colon

### Gifts to Caring Ministry in memory of

**Shirley Headrick:** Jeff & Edna Husman; Jay & Elizabeth Wood

**Mark Zimmer:** Don & Iola Nelson

**Dorothy Vagstad:** Don & Iola Nelson

### Gift to Media Ministry in honor of

**Gladys Bredeson's 96th birthday:** Karen Lidel

### Gift to Media Ministry in memory of

**Jeanette Anderson:** Ann Fodness; Pastor LeRoy & Elaine Nevin; Gene & Ruth Parker; Howard & Lou Ann Paulson

**Adrian Berg:** Shirley Magnuson  
**Lorraine Dreyer:** Darlene Colwill; Dean & Colette Krisher

**Shirley Headrick:** Bud & Barb Entringer; First Lutheran Church Women; Barb Matson

**Jim Keezer:** Mary Ann Hallberg  
**Fred Kieffer:** Cheryl Grevlos; Pastor LeRoy & Elaine Nevin

**Duane Larson:** Jean Osthus  
**Doris Schager:** Mary Ann Hallberg

**Ronald Schultz:** Wayne & Verna Remme  
**Irron "Bud" Skalland:** Bud & Barb Entringer

**Vi Smith:** Gerald & Vicki Kopplin  
**Dorothy Vagstad:** Darlene Colwill; First Lutheran Church Women; Elwood & Betty Harmon; Roger & Bev Lamp; Barb Matson; Thelma McElhaney; Pastor Franklin & Marit Pudas; Beatrice

Reyelts; Ruth Circle  
**Lilly Wilson:** First Lutheran Church Women

### Gift to Youth, Family and Young Adult Ministry in memory of

**Julie Munson:** Paul & Jean Colon

### Gift to Music Ministry in memory of

**Alta Rasmusson Orstad:** Ruth Gilge  
**Dorothy Vagstad:** Jan Boettcher; Dorothy Grevlos; Frank & Joan Hansen; Barb Johnson; Gladys Oyen; Eileen Quanbeck; Les & Kathaleen Ross; Marv Widmann

### Gift to Organ Fund in memory of

**Marciene Matthius:** John & Marcia Kittelson

### Gift to Project Car in memory of

**Vi Smith:** John & Marcia Kittelson

## Financial update January 2011

<b>Worship Attendance</b>	
January 2011 .....	4,081
<b>Total Revenues</b>	
2011 Actual .....	YTD \$160,318
2010 Actual .....	\$161,983
<b>Total Expenses</b>	
2011 Actual .....	\$137,554
2010 Actual .....	\$196,825
<b>Notes Payable</b>	
Bank Loan - Capital .....	\$986,964
<b>Contract For Deed</b>	
Ideal .....	\$610,996
<b>"God's Gifts. Our Responsibility." Income</b>	
Through January 2011 .....	\$1,801,055

## PASTORAL CARE MINISTRIES



# Grief support for non-physical deaths

## Six-week session to start Wednesday, March 9

By Pastor Barbara Wangness

There is a grief that is often disenfranchised in our society—the grief of non-physical deaths that happen to us and to those we love. These are the griefs that can cast us into despondency, with no relief seemingly in sight. They are often disenfranchised griefs because of the lack of



Pastor Barbara Wangness

acceptance they receive from others—simply because there was no physical death involved in the dying. Instead, society most often chooses to ignore or deny these griefs, telling grieving people, in one way or another, to simply "pick themselves up and get on with their lives!"

Yes, these are the griefs that come as a result of "non-physical death" brokenness—of griefs resulting from physical or mental illness, injury and even aging. They come from the brokenness of relationships, whether of biological family members or from broken legal relationships, like divorce or business partnerships. They come from broken friendships or even from expectations—and within them all is the additional brokenness of future hopes and dreams, of what we had longed-for might be!

Yet, while opportunities of grief support groups abound for those dealing with physical deaths (even based on specific relationship roles to the deceased person) there are very few support-group opportunities for individuals who find themselves grieving non-physical deaths, as they also face the brokenness of deep grief in their lives.

In this Lenten season, our Pastoral Care Ministry is offering a six-week session of Grief Support for Non-Physical Deaths. We will meet on Wednesdays, from March 9 to April 13 from 5:30–6:30 p.m. in the Parish Meeting Room. Class size is limited to eight people, with requirements of confidentiality. We will be using the book *When God and Grief Meet* by Lynn Eib. While you do not need to purchase the book for the class, you are asked to bring a Bible with you—preferably one in which you are willing to mark.

As the author admits, "You won't find pat answers, clichés, or easy-fix formulas, but you will see that God specializes in consoling those who grieve. As Psalm 34:18 promises: "The Lord is close to the brokenhearted; he rescues those whose spirits are crushed." This is the essence of *When God and Grief Meet*."

## GRIEF SUPPORT FOR NON-PHYSICAL DEATHS

Wednesdays  
March 9–April 13  
5:30–6:30 p.m.  
Parish Meeting Room

To register, call Char Peters  
339-1983, ext. 22.

To register for the class contact Char Peters at 339-1983, ext. 22 or me at 339-1983, ext. 19.

## Life Transitions through January

### Births

"May the Lord give you increase, both you and your children." (Psalm 114:15)

- Alice Johanna Herbst, born to Dave & Kristen Herbst, on Jan. 28, 2011
- Asher Mikel Murray, born to Steve Eleeson & Rebecca Murray, on Dec. 29, 2010
- A.J. Jost & Henderson Ode Hegg, born to Paul & Ronnette Hegg, on Jan. 2, 2011

- Elin Quinn Kyte, born to Patrick & Lindsay Kyte, on Sept. 21, 2010
- Camden Douglas Minor, born to Clayton & Lacey Minor, on Jan. 27, 2011

### Weddings

"So they are no longer two, but one flesh. What therefore God has joined together, let no one put asunder." (Matthew 19:6)

- Jeremy Maurice & Emily Johnson

### Baptisms

"Go ... make disciples ... baptizing them in the name of the Father, Son and Holy Spirit." (Matthew 28:19)

- Claudia d'Ann Visscher, daughter of Corey & Monica Visscher
- Desmond Seth Walter, son of Seth & Mara Walter
- Lauryn Faith Gohl, daughter of Gregg & J.J. Gohl
- Elin Quinn Kyte, daughter of Patrick & Lindsay Kyte

### Deaths

"Death is swallowed up in victory... thanks be to God, who gives us the victory through our Lord Jesus Christ." (1 Cor. 15:57)

- Lilly Wilson
- Lorraine Dreyer
- Shirley Headrick
- Dorothy Vagstad
- Jane Hassenstein

## Exercise your brain to enhance its power

By Paula Bartels, Parish Nurse

Did you exercise your brain today? We often think of physical exercise for our body, and we may have developed a good plan for it. That's great! But how do you exercise your brain?

"Your brain actually grows, if you put it to use. Brain scans of cab drivers in London showed that the hippocampus—the part of the brain that helps us navigate—was larger than those of other people," writes Brain Games Consultant Elkhonon Goldberg, PhD. in *Trivia on the Brain*. He recommends that you expose your mind to a range of activities to exercise different cognitive thinking skills. Sudoku-test your logic, or use cryptograms to enhance language skills.

When visiting with a delightful 90-year-old woman, she proudly told me, "I play Scrabble with my neighbors at least two times a week. I usually win!"

Make your brain exercise fun, something you enjoy. It may even be a game with family, friends or neighbors! When the brain doesn't work as you'd like, it is important to consult with your

physician, and let family and friends be of help.

We are fortunate to have an excellent resource in the Alzheimer's Association. Our state executive director in South Dakota, Jane Aspaas, RN, is a member of First Lutheran. I have found her very helpful and caring. The Alzheimer's Association has many brochures on varied issues surrounding Alzheimer's disease and related disorders. They offer a variety of services and resources, information and referral, support groups, family care consultation in individual planning, education, advocacy and information on research. You are welcome to call 339-4543 or email Jane.Aspaas@alz.org. The national contact center in Chicago is available 24 hours a day at (800) 272-3900. Or, check out the national website, [www.alz.org](http://www.alz.org). The website also has brain games and puzzles.

If you have a family member or friend with dementia, remember to involve the person as much as possible, and always treat him or her with respect. It can be very frightening for both the person with dementia and caregivers. Perhaps the words of Corrie ten Boom, survivor of the German concentration camps, can give encouragement, "Never be afraid to trust an unknown future to a known God."

Meditation is another word we

associate with the mind—it requires discipline to take the time. The book *Celebration of Discipline* by Richard J. Foster says, "In contemporary society our Adversary majors in three things: noise, hurry and crowds. If he can keep us engaged in 'muchness' and 'manyness' he will be satisfied."

Psychiatrist Carl Jung once remarked, "Hurry is not of the devil; it is the devil." There is a wide difference between Christian and Eastern meditation. Eastern meditation is an attempt to empty the mind. Christian meditation is an attempt to fill the mind.

Meditation is not a new concept. King David wrote in Psalm 63:8 when he was in the Desert of Judah, "On my bed I remember you; I think of you through the watches of the night." So what do we fill our mind with? The Apostle Paul says in Philippians 4:8, "Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."

It could be possible to meditate while you walk, especially if you'd like to walk in the sanctuary at First Lutheran. It's quiet and warm. It would be a great way to "take care of your temple" body, mind and spirit!



Paula Bartels

### Sad Isn't Bad

Grief support group for children

Starting Tuesday, March 15  
5:30–7:30 p.m.

Our Savior's Lutheran Church  
Open to the community.

No cost.

Email [cook@sio.midco.net](mailto:cook@sio.midco.net) or  
call 332-0094 to register.



### Healthy Feet Community Foot Care Clinic

Tuesday, March 22



#### Parish Meeting Room

By appointment  
only. Call 336-3734.  
Cost is \$25 cash or  
check day of the  
appointment.

## STEWARDSHIP



# First Stewards campaign to broaden understanding of what it means to be stewards of the mysteries of God

As the Stewardship Board of First Lutheran Church, it is our great joy to introduce a working theme that we hope will continue to grow into a fuller understanding of stewardship, for years to come ... The theme came into being over a considerable amount of study, conversation, and prayer these past few months. It was prompted by this fundamental question: "How do we bring something new and fresh to the family of FLC in ways that will broaden our understanding—and our practice—of what it means to be "stewards of the mysteries of God" (I Corinthians 4:1)? That is to say, "How can we better attend to a more holistic sensibility of Christian stewardship—one that's more than matters financial, and emphasized but once a year?"

We believe that the working theme of "First Stewards" responds well to this fundamental question in the very language of the theme itself. As for the word "first," the emphasis here is

not only focused on the people of First Lutheran Church but also on the matter of how it is that we – individually and collectively – can better understand ways in which Holy Scripture offers us first principles that guide and set our priorities for Life.

As for the second word, "stewards," we are concerned here with the various sensitivities that surround "care-taking" responsibilities—seeking to understand more deeply how God calls us into a relationship of being caring and compassionate stewards of his creation (Genesis 1:26f).

So, what are some of the areas of daily living where we are called by God to be "good and faithful stewards"? We've initially identified four that will be emphasized throughout the upcoming quarters of this calendar year:

- Stewardship of Creation
- Stewardship of Time and Talents
- Stewardship of Relationships
- Stewardship of Finances

These four emphases, working from our theme of "First Stewards," will be expressed through various media—with leadership coming not only from our Stewardship Board but from throughout the many gifted folk of our congregation: being part of a prayer group, participating in "topical" stewardship Bible Studies, composing various articles for First Word and inserts for our Saturday and Sunday bulletins (that will offer "homework" assignments!), attending various forums and being in dialog with guest presenters "in the field," as well as serving in upcoming community projects, or sharing a temple talk ... The sky's the limit!

*In Christ, the Great Steward of our salvation ...*

*Stewardship Board Members: Kristi Gullickson, Stan Meyers, Jack Miller, Ron Moegenburg, Terry Pospisil, Mary Simmons, Elmer Sorensen, Tim Stark and Tom Wadsworth*



### FIRST STEWARDS

1. Stewardship of Creation
2. Stewardship of Time and Talents
3. Stewardship of Relationships
4. Stewardship of Finances

## First Word

First Lutheran Church  
327 S Dakota Ave  
Sioux Falls SD 57104

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